

LOOE COMMUNITY NEWS

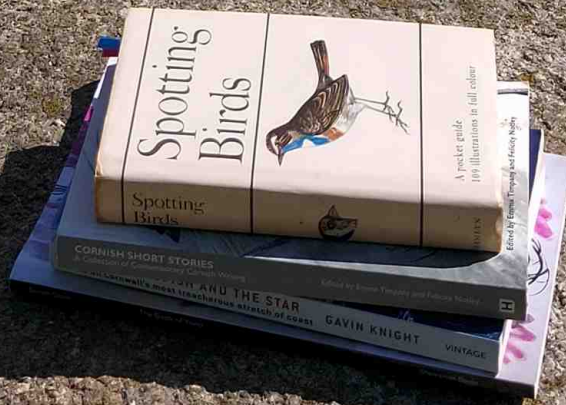
October-November 2024

October 1st - 6th



Details p17

LOOE Festival of WORDS



142nd Edition - Online
Published by Looe Development Trust
for Looe and surrounding Parishes



Ann, Micky & Bryony welcome you to The Crabb Pot for interiors, lighting, soft furnishings, dining and kitchen, wall art and mirrors, jewellery and crafts from Cornwall and the South West, wooden toys and stylish seaside gifts.
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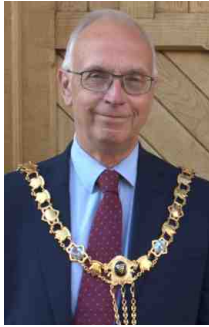
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East Looe PL13 1DX





Message from Mayor of Looe Cllr Tony Smith



It's been a remarkable Summer in Looe, filled with community spirit and exciting projects that truly showcase our town! As we look forward to the colder months, I would like to warmly welcome our new addition to the team, Deputy Clerk Sharon. We are pleased to have her on board and are excited for the valuable contributions she will bring to our community! I would also like to express gratitude to the Looe Library and Community Hub for all their hard work over the summer months, organising multiple events from the Summer Reading Challenge to the Marvellous Makers Activity week. The team are excited to renew traditions and embrace the festive season. In turn, we are pleased to announce that we have confirmed the dates for our popular lantern workshops, taking place on November 9th and 16th!

Our new Deputy Clerk, Sharon



In September Looe Town Council welcomed Sharon Payne to the team! Sharon will be fulfilling the role of Deputy Clerk working closely with our Town Clerk Lynda Powell. Here's a little about your new Deputy Clerk: *"I moved to Looe in 2020 from my small country pub in Devon. Some of you may recognize me from the Coop in the centre of town – where I enjoyed nearly 4 years getting to know the local groups and becoming a part of a thriving and caring community. I love the outdoors and spending time on the coast. When the weather isn't so good, I like to read, cook, or head to the gym for a game of competitive ping pong and a stint on the rowing machine (helps offset all those lovely pasties!)"*

Maintenance in Looe



Residents and visitors to Looe will notice a fresh touch to some of the town's key amenities across the next few months, as recent repairs and maintenance efforts have come to. The public bench on Barbican Hill, which had shown signs of wear and tear over the years, has been fully repaired, while iconic finger posts—used by both locals and tourists to navigate the town—have received a fresh coat of paint. The maintenance, carried out by the town council's public works team, is ongoing.

As we reach the Autumn months, we reflect on a series of exciting events that have brought the community together. From the lively **Duck Race** to the mouth-watering delights of the **Food Festival**, each event has not only showcased the town's charm but also strengthened its sense of community.

Looking forward there are a few more dates for your diary:

Lantern Workshop: Saturday 9th November,

Saturday 16th November (10-1pm Millpool)

Looe Festival of Words 1st-6th October.

Looe Library & Community Hub

Looe Town Council is pleased to remind residents of the fantastic **weekly events** taking place at **Looe Library and Community Hub**, offering something for all ages. The Knit & Natter group who meet every Tuesday 2-4pm recently celebrated a special milestone, wishing one of their members, Margaret, a happy 90th birthday. The occasion was marked with tea, cake, and plenty of warm wishes! Aside from the weekly sessions the next upcoming event at Looe Library and Community Hub will be in conjunction with the **Festival of Words**, a new, free celebration for readers, writers and anyone who loves words! The event includes workshops, crafts, storytelling and a book fair.



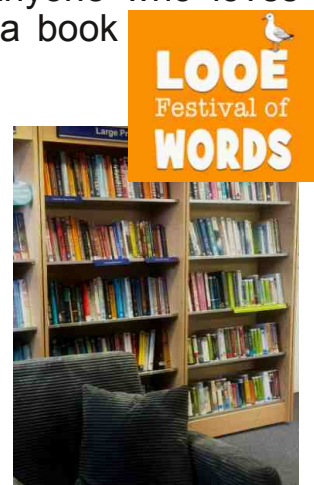
Looe Library and Community Hub will be hosting the following during this event:

October 1st: Craft Workshop 10:30-12 noon.

October 3rd: Beyond Paradise: Meet the Director 10:30

October 3rd: My Armchair Gap Year: A writing workshop 2-4pm

Looe Town Council encourages residents to explore the events at the library and join in the fun, making the most of this vibrant community resource. The library has also welcomed a 'warm space' ahead of the winter months, a spot to go if you're feeling chilly or just need a chat.



If you have a query regarding any of the topics addressed in this segment or wish to share a good news story with the council, please contact us via the address or phone number below

CONTACT US

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Lifeboats

LOOE RNLI LIFEBOAT STATION



Lifeboats

Shouts: Our crew at Looe have been ready to answer the pager and rescue those in difficulty. Between 20 July 2024 and 16 September our volunteer crews responded to 7 shouts.

One Moment One Crew: The visible part of any lifeboat station is the volunteer crew and our charity's lifeboats. Behind the scenes is a veritable "army" of shop volunteers and boathouse guides, who, together with our fundraisers engage with the public and our community promoting the work of the RNLI and raising valuable funds that enable our RNLI volunteer crew to do what they do best Saving Lives at Sea.

Our charity, which was founded in 1824, asked its volunteers and staff from around the UK and Ireland to take a photo of themselves, their crew or their team, at as close to 18:24 on 1.8.24 as possible. Whether lifeguards on a beach, lifeboat crew at a station, fundraisers at an event, or volunteers in a museum – all involved with the charity have been encouraged to submit a photo of themselves representing their RNLI role at wherever they may be on this date and time. Representatives including Looe's volunteer lifeboat crew, together with members of the station's shop, visits and fundraising teams have taken part. Their photo has been uploaded to an online portal and will be used to create a montage image. The RNLI celebrated its 200th anniversary on 4 March this year, and this photographic moment is one of a range of events and programmes which the charity has organised to mark its bicentenary.



One Moment One Crew
Looe RNLI volunteers on the slipway, outside the Albatross boathouse
Photo : Polly Stock photography

Looe lifeboat station's Albatross boathouse was full of music at 18.24 on 1.8.24, hosting a Looe carnival week concert. Looe RNLI's One Crew mustered the evening before, to line the slipway, with the Albatross boathouse and the charity's Atlantic 85 Sheila and Dennis Tongue II as a backdrop. The D Class inshore lifeboat, Ollie Naismith II was on little beach. This photo includes Looe RNLI's Lifeboat Operations Manager, David Haines, who, along with duty launch authority Brian Bowdler, first volunteered back in 1992, when Looe Lifeboat Station was re-established. Joining David and Brian are senior helms

David Jackman and Toby Bray who joined the crew in the first year. The photograph also features the next generation of lifesavers with senior helm Clive Palfrey and his daughter Amber together with senior helm Matt Jaycock and his nephew Will. Amber and Will are carrying on the family tradition of volunteering as lifeboat crew.

In a co-incidence of timing, this current picture was taken 94 years to the day after our original lifeboat station was closed during the evening of 31 July 1930. David Haines says "It is great to see our current team lining the slipway, with some of the

original 1992/93 crew still volunteering with the station, alongside our latest volunteer crew, all continuing that early lifesaving tradition. This One Moment One Crew event allowed us to recognise and celebrate their contributions. We would like to thank them all for volunteering their valuable time to support RNLI Looe Lifeboat Station

Souvenir Shop: Subject to volunteer availability, and the weather, our souvenir shop is open daily between 11 am and 4pm. Our shop has a wide range of products, including Christmas cards and 2025 calendars. To commemorate the charity's 200th anniversary we have a selection of special souvenirs that have been carefully chosen and designed with our lifesaving heritage in mind for you to treasure for generations to come.

Albatross Boathouse: Our boathouse is open daily to the public and like our shop, subject to volunteer availability, operational requirements and the weather it will be open daily between 11 am and 4pm. Our team of volunteer boathouse guides will be on hand to show you the charity's inshore lifeboats and launch tractors. They can answer all your questions and tell you more about the RNLI, the Looe volunteer crew, our shouts and how to keep safe on the water.

Keeping safe on the coast

As we move into Autumn, the times and frequency of our SE Cornwall RNLI lifeguard patrols change. Patrols at Freathy have now finished for 2024, Patrols at Seaton, Tregantle and Sharrow will finish on 29 September. whilst Tregonhawke beach will be patrolled daily until 29 September, then only at weekends until 20 October and the final week of October half term when patrols finish for the year on 3 November. There have been several incidents with swimmers getting caught in rip currents. Please take notice of the red and yellow flags and follow the advice of the lifeguards when they are on duty. When there is no lifeguard cover on the beaches, please take extra care. Always Respect the Water, check the tide times, wear appropriate buoyancy aids and take a method of calling for help. If you need help or see someone in difficulties, call 999 and ask for the coastguard.

If you are on East Looe beach check the orange windsock on East Looe Town Trust's building by the Old Lifeboat Station. If it is pointing out to sea this denotes an offshore wind which can easily blow an inflatable, stand up paddleboard, kayak or canoe out to sea and hinder your attempts to return to shore safely.

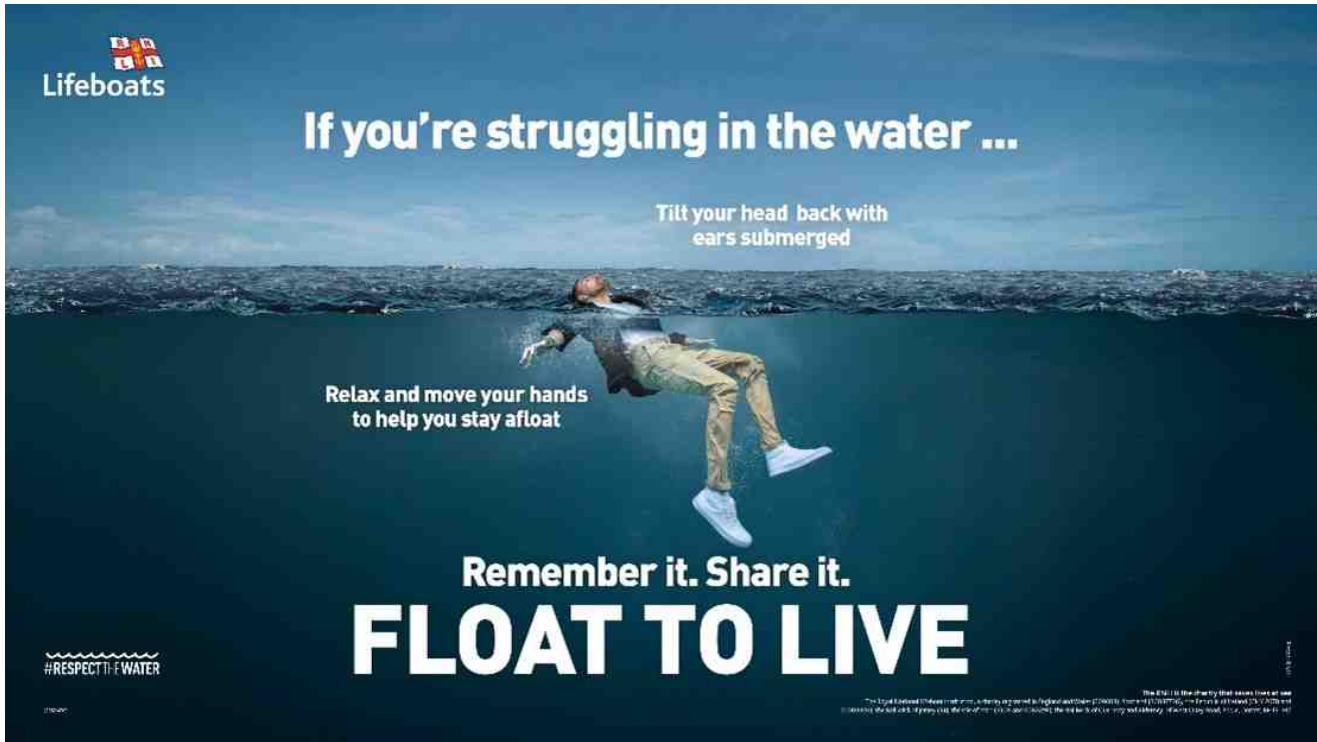
Float to live:

However you end up in the water, if you get into trouble, remember to Float to Live. Cold water shock is our body's natural response to entering cold water and can very quickly lead to drowning. Floating, even for a short time, allows the effects of cold water shock to pass. It enables you to regain control of your breathing and your survival chances will greatly increase.

You can learn how to float following these five simple steps:

1. Tilt your head back, submerging your ears.
2. Relax and try to control your breathing.
3. Move your hands to help you stay afloat.
4. Your legs may sink but that's OK – everyone floats differently.
5. Spread your arms and legs to improve your stability.

We actively encourage practising how to float in a safe environment. It's a lifesaving skill and having the confidence to float in a life or death situation could make all the difference.



If you see someone struggling in the water, fight your instinct to jump in and help. Stay on land and 999 and ask for the Coastguard at the coast, or Fire & Rescue when inland.

Tell the person in danger to float on their back and throw them something that floats, which they can use for buoyancy.

Find out more at <https://respectthewater.com/>

Open water / cold water swimming

Open Water Swimming is becoming more popular around our coasts - whether you're swapping the swimming pool for open water or just enjoying a quick dip, please take care. Safety information can be found on the RNLI website:

<https://rnli.org/safety/choose-your-activity/open-water-swimming>.



LOOE ISLAND NATURE RESERVE UPDATE



Our Pumpkin crop

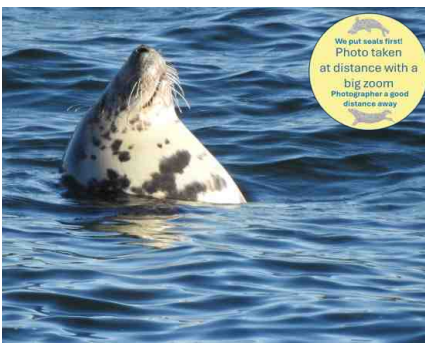
So, as we enter autumn and the end of this season's trips the island is bountiful with apples, berries, seeds and crispy leaves. It's a time of year for harvesting from the wildlife friendly veg plots and this year we are pleased with the growth of some cracking looking pumpkins! There are also multiple signs that nature is preparing itself for the colder months that lie ahead. We'll listen out for the piping calls of whimbrels as these long legged birds migrate south for the winter and watch out for flashes of the white rumps of beautiful wheatears as they too head to warmer climes. The air is filled with the scent of flowering ivy - this plant attracts busily buzzing insects, hungrily filling themselves up with nectar before supplies run out and winter falls over the island. Then there are the garden spiders – the dew clearly showing their carefully crafted webs. In summer the spiders mate and the females abdomens swell. Around now she'll lay eggs in a silky cocoon. Once laid, the female will not leave the eggs. In guarding the eggs she'll eventually die of hunger and cold... but if all goes to plan a mass of spiderlings will emerge next spring.



Red admiral on Flowering Ivy

It's also a time to reflect and report on the visitor season that's passed.

Firstly thanks to all the recreational water users and commercial operators who have respected wildlife around the island. Giving wildlife space and consideration



Pudie aka Freckles resting in the sea

when encountered on the water and not landing on the island will help wildlife thrive. Having said all that, this year there have been some very inquisitive young seals who have been approaching and interacting with us humans! Of course if a seal approaches a water user it's on the seal's terms – you are probably the most interesting thing they've seen that day! Still to make sure both us humans and seals remain safe, the advice is to stay calm, try to be 'boring' so that the seal loses interest and steadily move away. This way these

amazingly iconic animals will remain wild and won't be distracted from their natural routines and more essential behavior like feeding and resting. If you want to learn more, then there's LOTS of fascinating and useful information on the Cornwall Seal Group Research Trust's website

<http://www.cornwallsealgroup.co.uk/>

Now, to some very exciting and unusual bird sightings. Yes, white storks and great white egrets were both seen on the island this summer. Amazing! The white storks were first reported to us by local birder and regular island volunteer, Derek Spooner. He'd seen them on the mainland and gave us the heads up to look out for them along the coast.... so imagine our delight when a flock of 70 storks used

the thermals to gradually glide and swirl right over the island! Further investigations revealed that these birds were part of a rewilding and reintroduction project at Knepp in West Sussex. From the island the birds continued to head further west and would have been exploring their world and building knowledge to guide them towards migrating south for the winter. If you want to learn more check out Derek's excellent blog on the Looe Marine Conservation Group's website.

And the great white egrets? This was a brief but exciting chance encounter with these tall, yellow billed white birds. Clearly not little egrets (seen almost daily on the island's shores), these large egrets were spotted to the south east of the island and caused a rapid double take! They promptly flew off towards the south west – we are still waiting to hear if anyone else saw them? Were they also looking for a good southward passage for the winter? Still, a first for the island!

This year we've continued asking visitors to avoid parts of the main beach. Overall this has been a great success! Birds such as great black-backed gulls, cormorants and oystercatchers have often remained, resting undisturbed for long periods on the island's shores. There have, of course still been cases when the birds have been spooked and flown off but they have eventually returned to the beach as they learn that it's a 'safe' area. Overall as well as being a good undisturbed place for the birds, it means more people get to enjoy the sight of plenty of wildlife in a wild place! So again, thank you to everyone who has helped the island's wildlife to thrive.



Birds resting on Looe Island

Now, as you'd expect we continue to monitor all the island's wildlife and this includes butterflies and moths. Overall this year hasn't been the best for insects. We hope it's just a blip due to the poor weather this summer. However, as always in late summer/early autumn we record large numbers of boldy coloured red admirals – they never seem to let us down! Masses of these butterflies can be seen feeding on sweet smelling flowering ivy. Numbers of red admirals are boosted during the summer by migrants from continental Europe – the thought of which is very impressive - imagine such small and delicate insects making such a long journey! Then, it seems that this species is increasingly over wintering here – meaningly that they are often one of the first and last butterflies spotted each year.

To wrap up, remember that every year public trips to the island end late September/early October. Over the winter the wardens can catch up on lots of maintenance and admin tasks.... all ready to prepare for re-opening around Easter 2025! Look out for more information about how you can visit on the Looe Island pages of the Cornwall Wildlife Trust website:

<https://www.cornwallwildlifetrust.org.uk/explore/visit-looe-island/> This is also where you can find out about our wonderful holiday stays on the island – booking information for 2025 will be available in the New Year.

All photos by Claire Lewis

Please note: The seal and sea bird images were taken from a distance with a powerful zoom lens to avoid disturbing the wildlife

Looe Island Marine Nature Reserve



Cornwall
Wildlife Trust

LET'S KEEP IT Special!

It's as easy as...

1

Give Wildlife Space

Being too close, too noisy or too familiar causes wildlife and wild places to suffer

2

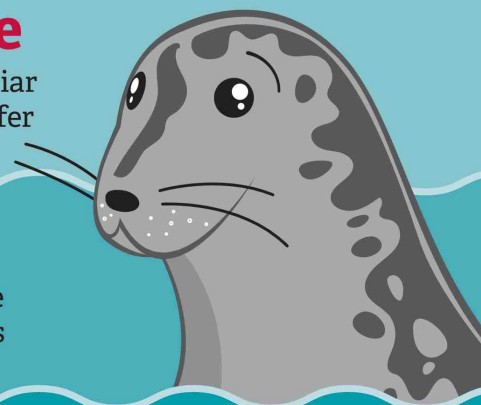
Be Responsible

Please don't land on the beach or rocky shore – it disturbs wildlife and damages wild places

3

Discover more

Visit the island on an official trip and see first-hand what makes us unique!



cornwallwildlifetrust.org.uk



Tel: (01872) 273939

Registered charity number 214929



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Where we are....

The Oars of Thunder Crew, Harry Poulson, Kim Tolfrey, Nathaniel Rothwell, and Sally Crabb completed their final training row in their ocean rowing boat named Catch of the Day on Sunday 22nd September. The conditions were ideal with calm seas and light winds and spirits were high! Although it was noted that these were not conditions we expected to experience a lot of during the Atlantic campaigns, Worlds Toughest row Atlantic challenge, leaving from La Gomera, Tenerife on 12 December 2024.



The final row was a row from Looe to Fowey and back, with a pit stop in Polruan and a cheeky pint at the Lugger. It was the final opportunity to ensure that all equipment worked as expected, with a focus on the auto helm directing us according to the waypoints plotted by Skipper Nat. The crew also took the opportunity to sample some of the snacks from our food sponsor which included Biltong and beef jerky from Hunters and flapjacks from SOAK'd OATS. All got the big thumbs up which is not surprising given the crews' focus on food!

On this row we took the full weight of our recent Tentmeals delivery, who are proving the bulk of the main meals and breakfasts for the row and the recently stocked medical kit provided by local GPs Emma and Dale Staff. We also took the opportunity to trial our new water containers to ensure they were robust enough for the challenge with a potential weak spot being the tap mechanism.

Kim trialled her ablution routine and all the crew ensured they were familiar with the jet boil, the sole way of heating water for hot drinks and to hydrate the Tentmeals.

The majority of spend has now taken place and the outstanding big-ticket items are the shipping cost, Comms package and final repairs and maintenance items.

How we feel.....

The motto is scared and prepared and at least two of us were feeling emotional at the thought of this being the last training row, with the next row being the pre-race qualifying row in La Gomera itself.

We are all extremely excited to have got this far and even more focused on getting to the start line. However, we all realise the immensity and scale of this challenge and are extremely grateful for the support received to date from friends, family, sponsors, and the public. We have met some fantastically interesting individuals on this journey so far, as well as getting to understand each other's quirks!



What next?

There will be a degree of relief when Catch of the Day ships out to La Gomera from Rannock in Essex at the beginning of October, with the remainder of the time before race start being focused on strength and fitness.

Efforts will be focused on raising additional sponsorship to fund the challenge as well as the fundraising efforts to support the RNLI.

Watch this space for further details on promotional events pre and post row.

Photos by Ian Foster

40 YEARS of

*Come and join us for our
40th Birthday Celebrations*



*Friday 4th October
2.00pm - 5.30pm*



*Please join us for an afternoon of fun, food
stalls, entertainment and joy.*

Organisations who are joining us:

East Looe Town Trust, West Looe Town Trust, Trethew Riding School, St Pinnock Band, Looe marine conservation group, Bond Dance Company, Local Police, Looe Library, Looe Lions, Giggles Galore – inflatables, Gibson's Ice creams, Looe Land Train, Looe Community Academy Performance Team, Scholastic, Conservation Group, Author Ellie Jackson, Pro 20, Pop up Play Village, Looe Shedders, Boundless Trust, Cross Fit Kernow, RNLI and more TBC...

Old Guildhall Museum & Gaol - FANCY A PINT?



We are approaching the end of a busy and successful season. I know that the weather has had a detrimental effect on many people's businesses but the rain seemed to work to our advantage. Still, would have been good to see a bit more sunshine though....

Our pubs and hospitality sectors have taken a hammering over the last few years and the proposed outside smoking ban is another blow to them. I started to think about the inns & taverns that Looe has gained and lost over the centuries.

Here is my A to Z guide to East Looe drinking establishments:

The Admiral Boscarn - Built as a private house in 1870, Boscarn House became an hotel in the 1920s and in later years the pub we know today.

Britannia- Tricky. Is this the original name of The Fisherman's Arms? 1830- William Ball, landlord.

The Bullers - Still a private residence of the Buller family in 1798. Definitely a pub by 1822, possibly as early as 1808.

Church House/The Old Vicarage- These houses were once a tavern, I don't know the name or dates. Can anyone enlighten me?

The Fisherman's Arms- Known as The Red Lion from 1839, name changed to The Fisherman's Arms in 1856. Was this the Britannia mentioned in 1830? The building dates back to the early 1600s as a private house.

The Globe Inn- A relative new-comer, first referenced in 1873 but originally a private dwelling. Ideally located for the new passenger railway trade.

King's Head - I believe that this was the "Mountain Warehouse" building, originally the Queen's Head from 1791/ 1823-ish then King's Head from 1830-ish to 1847. Gone by 1851.

The Pier Inn - I found a reference from 1808 with Thomas Rowett landlord. I believe it was on the harbour at an old pier or jetty, near "Pier One Cafe" today?

The Salutation Inn - Already an inn in 1791, not sure when it first opened but its proximity to the harbour makes it a prime spot for many a drunken sailor....

The Ship Inn - An old Royal Mail coaching inn, the main road into Looe was along the cliffs and into town via Castle Street and Tower Hill area so it was situated at a busy location. It is referenced in 1791 but certainly earlier.

The Swan Inn - A document from 1748 already has it as a public house and it has continued to be so with accommodation for the weary traveller for much of the time. A name change to Looe Hotel in 1888, then back to The Swan and now to The Black Swan, it is still with us.

Right, see you in the pub. I would like a chilled glass of dry white wine and a bag of salt and vinegar crisps please and I really don't mind if you have a smoke outside.

Penny McHugh
Volunteer Curator, Old Guildhall Museum & Gaol



NEWS FROM EAST LOOE TOWN TRUST

Usually at this time of year, we reflect over the summer season and look forward to autumn, however the weather has appeared somewhat confused this year and we didn't have the sunny weather that we associate with summer days on the beach. However, it was good to see people enjoying the beach and seafront this year – even if the weather wasn't what was expected. Looe Beach Hire Activities have continued to provide excellent services on the beach with the ever popular Octopus roundabout and kayak hire along with the traditional hire of deckchairs, sun loungers and windbreaks.

The Old Guildhall Museum and Gaol is open until the end of October – please do call in and learn about the history of our town. The museum is run by a team of volunteers who are there to welcome you and tell you about the museum but there is also a team of volunteers who work more in the background, doing research, compiling displays and going through documents and artefacts. This work continues through the winter – so if you are interested in Looe history and can spare a couple of hours a week then please contact the museum and join our volunteer team.

Our team are also working hard to continue the conservation and ecology work on the Wooldown – ably assisted by Kernow Ecology. The aim is to continue the good work with the bee glades and to continue to provide an excellent habitat for wildlife and also to keep it accessible and enjoyable for humans and their four-legged friends

As you will have seen, The Watchtower and Old Lifeboat Station are still hiding behind their screen of scaffolding – although this is starting to come down now. Work is progressing inside, with the pointing well under way. Some interesting features have been found inside the building, including one of the original gas lamp fittings on the wall. The team writing the on-line history of the building are researching some of the features discovered and are hoping to be able to provide a full history of the building. The on-line digital history will be available to all, free of charge and will be available at the end of the project (Spring 2025). There will also be a heritage walk to encourage people to be out and about and maybe see Looe from a different angle. Maintaining our local heritage is a key part of our work and we are proud to do it.



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GROWTH**
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CHRISTMAS IN LOOE



We are putting some extra sparkle into the festive season this year... for everything from the lantern parade & lights switch on (November 29th) to the NYE celebrations & fireworks, late night shopping, carol concerts, the tinsel tractor run, and much, much more..... make sure you are following

www.christmasinlooe.com



Looe Shedders

Imagine your garden shed, turbocharged
and full of your new friends
That's Looe Shedders

Looe Shedders Need a New Home

In these challenging economic times, many local people, clubs, schools, and councils are struggling. But there's hope on the horizon with the Looe Shedders' vision to create a community shed complete with a variety of tools and equipment. This shed will be a hub where members can learn new skills and collaborate on projects that benefit the entire Looe community.



Our Impact So Far:

Looe Repair Café: Offering free repairs to local residents, helping those who can't afford new items or costly repairs.

Playground Projects: Designing and building a playground bus for Looe Primary School and a playground tractor for Trenode Primary School, using recycled materials.

Wendy Houses: Refurbishing two Wendy houses for local schools

Youth Club Support: Networking donated computers and completing final fittings for Looe's Haven Youth Club.

Community Maintenance: Partnering with the local council to maintain community areas.



Event Support: Providing marshals for Looe's New Year's Eve Fireworks Display.

Mental Wellbeing Projects: Collaborating with Kernow Health to build a shed and raised gardens for their plot at Looe Allotments.

Despite these achievements, our efforts are hampered by the lack of a permanent home. Currently, we are obliged to work in the Church Hall car park when using any power tools and this severely limits our capacity, especially during the winter.



Imagine the Possibilities with Our Own Shed

Increased Accessibility: Open more days per month, attracting more members and maximizing our community impact.

Enhanced Community Support: Expand our initiatives to support schools, libraries, the Church, and individuals in need.

Youth Engagement: Launch a Young Shedders section, providing young people with opportunities to learn and develop practical skills.

The essence of Looe Shedders lies in its members, and our members need a proper home to continue their invaluable work. By supporting the Looe Shed Appeal, with either an offer of accommodation or funding, you will be helping to deliver a brighter, more connected future for our community.

Join us in making this vision a reality.

Together, we can build a stronger, more resilient Looe.

email: contactus@looshedders.co.uk Website: www.looshedders.co.uk

Looe Shedders is a charity registered in England and Wales (1208819)
Run by volunteers to benefit our community

LOOE FESTIVAL OF WORDS

By the community, for the community

Running from 1 – 6 October 2024

Looe Festival of Words is a new, FREE celebration for readers, writers and anyone who loves words. Join us for workshops, crafts, literary walks and author talks, poetry readings, a writing-themed rockpool ramble, pop-up storytelling, a literary train takeover, our flagship Book Fair, and more.

All our workshops are open to anyone. If you've got experience of creative writing, that's great. If you haven't, but you want to give it a go, that's great too. Everyone is welcome.

See www.looefestivalofwords.com for latest details and the full programme, follow us on Facebook at Looe Festival Of Words 2024, or email looefestivalofwords2024@outlook.com if you have any questions.

Tuesday 1st October

Day 1 of the Festival starts with A Way with Words* at Looe Library and Community Hub from 10.30am where we'll be getting crafty with old books. In the afternoon, Sam Horton will be leading a writing workshop Islands*, looking at using landscape to create a story, in the Heritage Centre.

Wednesday 2nd October

Join local tour guide and author Mark Camp for In Others' Footsteps*, a walk around Looe using other writers' words to guide us – meet at 11am outside St Nicholas Church. In the afternoon, the Mor Poets will be running a workshop on writing Poetry of the Sea* – suitable for everyone, in the Millpool Centre.

Thursday 3rd October

National Poetry Day! Festival events kick off with a talk in Looe Library and Community Hub by Sandy Johnson, Director of hit TV series Beyond Paradise.* In the afternoon, in the same venue, Clare Owen will be running My Armchair Gap Year* a fun, interactive workshop looking at how we can bring the sights and sounds of the world to our writing. We round off the evening with poetry readings at Riverside Church at 7.30pm with Valley Verse, Liskeard Poetry Group and friends.*

Friday 4th October

Spoken Excursions : explore the local environment and your own creativity in a spoken word walk/poetry workshop led by Caleb Barron. In the afternoon, Mark Camp will be giving a talk about Geoffrey Grigson's Freedom of the Parish*, a book partly about the history of the village of Pelynt, and partly a book about spending your childhood exploring the countryside.



Throughout the day, look out for poet Sally Crabtree, who will be transforming the Looe Valley line writing room at Liskeard station into a Literary lounge : create edible poetry, make Parcel Pets, and a page for the ever growing 'Looe Line Literary Train' concertina book.

Saturday 5th October

Our big Festival day starts with a Book Fair at Millpool Centre

10am – 5pm

Come and chat with our stallholders, local writers and publishers who will be delighted to talk about their work. Books available for sale! We also have a full speaker programme – keep an eye on our website and Facebook page for timings. Our speakers are Ellie Jackson, Lisa Woollett, Brian Oldham, Women Speak Volumes (panel), Gareth Ress, Emma Timpany and Clare Howdle (Hermitage Press), Pamela Vass, and Emma Jenkin.

From 10am to 1pm

Join Hunt and Bottrell, tale collectors, as they unpack their suitcase of stories in various locations around town, with a bit of help from Mazed storytellers. Hear tales of generous giants, mischievous piskeyes, bewitched pigs, hissing spriggans, and flying sheep! Check out our Facebook page for latest timings.

At 1.30pm

Looe Marine Conservation group will be leading Poetry on the Rocks, a family-friendly poetic rockpool ramble at Hannafore.

And, if that wasn't enough, The Literary Train will run from Liskeard to Looe, featuring poet Sally Crabtree and her interactive CreativiTEA catering trolley. Choose something off the trolley and create edible art biscuits and poems that will grow into flowers when planted – all inspired by the journey to the Looe Festival of Words!

Sunday 6th October

We'll be closing the Festival with well-known writer and facilitator Jenny Alexander, who'll be leading a creative writing workshop Worlds of Wonder* in the Courtyard Café from 10am.

After all this workshopping and creative loveliness, we'll be holding a final Festival celebration in November, the chance for people to share words, think about what they've done during the Festival, and maybe hatch some future plans?

With thanks to our volunteers and all the organisations who've helped bring this Festival to life: Looe Development Trust, Looe Town Council/Looe Library and Community Hub, Looe Heritage Centre, FEAST, Literature Works, Devon and Cornwall Rail Partnership, Hermitage Press, Welcome to Looe and Polperro.

***Looe Festival of Words is brought to you by the community,
for the community.***

Please join us.

*Advance booking required for these events.

Looe Festival of Words 2024 EVENTS

*All our events are FREE. Workshops are suitable for all levels of writing experience.
* Reservation required.*

A Looe Development Trust Event

Tues 1st Oct	10.30am - noon	A Way with Words*	Crafting with old books	Looe Library & Community Hub
Tues 1st Oct	1pm - 3pm	Islands*	Writing workshop with Sam Horton	Looe Heritage Centre
Weds 2nd Oct	11am - 1pm	In Others' Footsteps*	Literary Walk with Mark Camp	Meet at St Nicholas Church
Weds 2nd Oct	2pm - 4pm	Poetry of the Sea*	Writing Workshop with Mor Poets	Millpool Centre
Thurs 3rd Oct	10.30am - noon	Beyond Paradise*	Talk with Beyond Paradise Director, Sandy Johnson	Looe Library & Community Hub
Thurs 3rd Oct	2pm - 4pm	My Armchair Gap Year*	Writing Workshop with Clare Owen	Looe Library & Community Hub
Thurs 3rd Oct	7.30pm - 9.30pm	Poetry Extravaganza	Readings from local poets to celebrate National Poetry Day	Riverside Church, Looe
Fri 4th Oct	10am - 12.30pm	Spoken Excursion	Walk / Poetry with Caleb Barron	Kilminorth Woods
Fri 4th Oct	2pm - 3pm	Freedom of the Parish	Talk on Geoffrey Grigson's book with Mark Camp	Looe Heritage Centre
Fri 4th Oct	Time tbc	Literary Lounge	Interactive activities with Sally Crabtree	Liskeard station - Looe Valley line waiting room
Sat 5th Oct	10am - 5pm	Book Fair	Book Fair and author talks	Millpool Centre
Sat 5th Oct	10am - 1pm	MAZED Tales	Pop-up puppets and storytelling	Around LOOE
Sat 5th Oct	1pm - 2.30pm	Poetry on the Rocks	Rockpool Ramble with Looe Marine Conservation Group	Hannafore
Sat 5th Oct	Times tbc	The Literary Train	Looe Vally line train takeover with Sally Crabtree	Looe Valley line
Sun 6th Oct	10am - 12.30pm	Worlds of Wonder *	Writing Workshop with Jenny Alexander	The Courtyard Cafe

Programme details:

On Facebook: Looe Festival of Words 2024

www.looefestivalofwords.com

looefestivalofwords2024@outlook.com





The Benefices of Looe & Morval with Duloe & Herodsfoot

Monthly Services

Priest-in-Charge: Revd. Ben Morgan Lundie 01503 261184
(vicar@looeparishes.co.uk)

Curate: Revd. Steve Guffick (curate@looevalleybenefice.org)

Assistant: Revd. Clive Gilbert

	<u>LOOE</u>	<u>DULOE</u>	<u>MORVAL</u>	<u>HERODSFOOT</u>
		9.30 a.m.	11 a.m.	9.30 a.m.
				
1st Sun	H. Communion St. Martin's 11 am	H. Communion	Family Service	-
2nd Sun	Morning Prayer + hymns St. Nicholas 9.30 am	Family Service	H. Communion	-
3rd Sun	Worship St. Martin's 11 am	H. Communion	Morning Prayer	-
4th Sun	Café Church Hall 11 a.m.	-	H. Communion	H. Communion
5th Sun	Holy Communion rotating between all churches, 10.30 a.m. (See Websites & Notice Boards)			
Weekly	WEDNESDAY WORSHIP at St Nicholas, West Looe 10 a.m.			
Contacts:	P. Croft (07576 835547) S. Phillips (07920 499293)	P. Geach (01503 263980)	M. Willmott (01503 240218)	I. Gordon (01579 320670)
<i>For other events please see websites and notice boards.</i>				

LOOE EXERCISE GROUP



Exercise in a friendly, informal atmosphere with a qualified instructor.

Work at your own pace.

Adaptable for each individuals health & mobility

Exercise improves flexibility & fitness.
Fun & stimulating for physical & mental health

TUESDAY 2:15pm - 3:15pm
Millpool Centre, West Looe.
STAY FOR TEA & A CHAT
£2 per class
Tel: 07950 516 667



**WEST LOOE
NURSERY**

Taking babies and children
from 3 months to 4 years

Open Mon-Fri 8am- 6pm
all year round

Holiday club available
for 4-11 year olds

www.westlooenursery.co.uk
email admin@westlooenursery.co.uk
Phone 01503 265623

Follow us on Facebook and Instagram



Repair Café



10am to 12 Noon - Second Saturday of each month
St. Martin's Community Hall, Looe

So don't throw it away!

Bring it to the Looe Shedders Repair Café

You bring your broken item from home
and we will start to fix it for FREE ...
... although we do accept donations



What can you bring?

Toys	Lamps
Bicycles	Power tools
Hedge trimmers	Electric mowers
Vacuum cleaners	Sewing machines
Small tables/Stools	Camping equipment
Small hand sewing jobs	Small kitchen appliances

Save yourself a wasted journey

Email details of your broken item
to RepairCafe@LooeShedders.co.uk for pre-assessment



Aerial imaging services throughout Cornwall

As seen on Channel 5's "Happy Campers", BBC Spotlight and
Polperro Fishermen's Choir 100th anniversary video

Would you know if the lead flashing on your chimney looked like this?



We can't fix it, but we can survey your chimney, roof, solar panels, wind turbines, crops
and investigate underground leaks, as well as carrying out aerial photo and video
shoots

Contact us on 07508 279806 to book your appointment for a survey or photoshoot.

**NOW WITH ALL WEATHER DRONE— no need to
wait for the rain to stop!**

Discounts are available for Armed Forces personnel and veterans.

**Fully CAA Licensed, registered with DroneSafe Register, £5m
public liability insurance.**

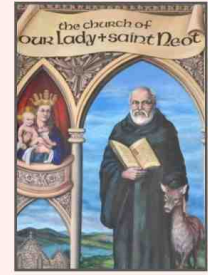




www.sjmdroneimaging.com



**Parish of Our Lady of the Angels
2 West Street, Liskeard. PL14 6BW.**

Church of Our Lady of the Angels, Saltash
 Church of St Joan of Arc, Torpoint
 Church of Our Lady of Light, Sclerder
 Church of Our Lady and St Neot, Liskeard



<u>Usual Weekly Services.</u>	OUR LADY & ST NEOT. LISKEARD 	OUR LADY OF LIGHT. SCLERDER ABBEY 	OUR LADY OF THE ANGELS. SALTASH 	JOAN OF ARC. TORPOIN 
SUNDAY	11AM- MASS <i>(Live Streamed)</i>	9AM- MASS		
MONDAY				
TUESDAY				
WEDNESDAY		12.30PM- MASS		
THURSDAY	10AM- MASS 6PM - HOLY HOUR. <i>(Live Streamed)</i>			
FRIDAY	10AM- MASS			
SATURDAY			6.30PM- VIGIL MASS	4PM - VIGIL MASS

A very warm welcome to our new Parish Priest Fr Cyriacus and to the new Bishop-Elect for the Diocese of Plymouth, Bishop Philip Moger.

A fond farewell to Fr Gilmour McDermott on his retirement as our Parish Priest.

Parish Priest: Fr Cyriacus Uzuchukwu
 Parish Secretary : Mel Turner
 Tel: 01579 344906
 Email: saltash@prcdtr.org.uk
 Web: www.liskeardcatholicchurch.org



Please visit our website for up to date Mass Times and Events in the Parish.



Warm Space
 Every 1st & 3rd Saturday of each month.
 Starting Saturday 6th January 2024 -Saturday 17th February.
 In the St.Neots room from 10.30am.
 2 course Hot lunch, plus tea/coffee and Cake.
 Here to also offer help and support.
 All Welcome!!

Riverside United Church

The Quay, West Looe, PL13 2BU



The first chapel in Looe was founded by Sir Harry Trelawny, a Cornish eccentric, who converted to Congregationalism and built a chapel in West Looe Square in 1777. After he returned to the Church of England he pulled down his chapel, but his flock built another in 1797 on the site of the present Riverside Church. The present building was built by the thriving worshipping community in 1881 and has considerable historic interest.

Easily found from the A38 and then the A387 and just 20 miles from Plymouth. It is one of the earliest united churches in the country, when in 1966 two Methodist chapels in Looe as well as the Congregational Church (now URC) decided to come together as Riverside United Church.

In 1995 Riverside was completely refurbished when the old pews downstairs were removed and replaced by comfortable seating that can be arranged so that better use can be made of the sanctuary area. The pipe organ was also removed and we now have a very fine digital organ that sounds amazing. Riverside has the largest seating capacity of any building at sea level in Looe and excellent acoustics, so Riverside is used for a variety of concerts throughout the year.

The church is more than the building, the people and atmosphere at Riverside is special.

Come and see for yourselves, a warm welcome awaits all. All Services usually start at 11am each Sunday

06 Oct Preacher John Ware OBE	13 Oct Revd Stuart Reed United Service Holy Communion	20 Oct Choice preacher	27 Oct No service Café Church at St Martins	3 Nov Preacher Biddy Bishop	10 Nov Preacher Fiona Budd United Service Holy Communion	17 Nov Choice preacher	24 Nov No service Café Church at St Martins
Festival of <i>Words</i> 3 Oct 7:30pm 6 Oct 2:00pm	Harvest Festival Donations for Looe Foodbank		30 Oct RUC Café Wed 10-3		Friday 8th Nov Remembrance Concert with St Pinnock Band		27 Nov RUC Café Wed 10-3

To find out about us, our upcoming services, concert dates
and our Wednesday café dates/hours you will find us on [Facebook](#)

- Accessible toilets in church
- Steps to enter the church or churchyard
- Ramp or level access available on request
- Parking within 250m
- Dog friendly and Church shop
- Kitchen facilities on site and also our own café July/August check for dates
- Bus stop within 100m Train station within 250m

Riverside is available for hire, be it a meeting, outreach event/facility, wedding, christening, vow renewal, poetry or music concert, please do get in touch – email: riversideunitedchurchlooe@mail.com

Our branch President David Bryan sadly passed away peacefully at the end of July after a long illness. David served the community of Looe for many years both on Looe Town Council and the now defunct Caradon District Council. He was elected six times as the Looe Mayor and in 2022 was appointed a Burgess in recognition of his significant contribution to the town. Our branch's condolences go out David's wife, Annette, and his family.



Poppy Appeal:

As well as being our President, David was our Poppy Appeal Organiser with Annette as his deputy. Bravely, Annette has now taken on the role as the appeal organiser and our branch secretary, Mandy Ricketts, has volunteered to be her assistant. Annette has asked for volunteers to help with the appeal collections in the period leading up to Remembrance Sunday (see our contact email address and the end of this article).

Veterans Tea & Stickies (Biscuits): We thank Looe Town Council for organising another 'Veterans Tea and Stickies' event in the Looe Community Hub (AKA Library) on Tuesday 17th September. Those who attended exchanged a few tall stories but in the general chitchat other matters closer to our hearts, such as parking in Looe, were discussed. It is hoped that there will be another get together in a couple of months' time. And the biscuits were delicious.

Visit HMS Prince of Wales: In August a group of our branch members visited HMS Prince of Wales in Portsmouth's Royal Navy Dockyard. The Prince of Wales is a Queen Elizabeth Class aircraft carrier with a flight deck the size of three football pitches. Our members really enjoyed their visit, travelling up to Portsmouth



the day before and overnighting for an early start the next morning. Unfortunately, on the day there was a power failure at the dockyard and their visit to the aircraft carrier was delayed by two hours. Nevertheless, they were royally treated with a very interesting guided tour of the vessel and being served refreshments in the Officers' Mess. Our thanks to our members Paul Allen and Dave Massey for organising trip, and for Dave driving the minibus.

Branch Meetings:

We always hold our meetings on the first Monday of the month, come rain, snow or New Year's Day. They start at 7:30pm sharp in the ground floor bar of the Looe

Social Club, West Looe Quay. You don't have to be a member of the Social Club to attend one of our meetings, so why not come along, say hello and see what we do.

Helplines:

If you, or your family, need help or advice from the 'Legion' then please call the Royal British Legion's free helpline on 0808 802 8080. Lines are open 8am to 8pm, seven days a week. Another alternative is the Veterans' Gateway which is a consortium of forces charities, including the RBL, with telephone access 24 hours a day on 0808 802 121.

Dave Welch

Looe RBL Membership Secretary email: rbl.looe@gmail.com



The image is a promotional banner for Isla Sell Physiotherapy and Rehabilitation. It features a central logo with the name 'Isla Sell' in a large, serif font, with 'PHYSIOTHERAPY' and 'REHABILITATION' in smaller, sans-serif fonts below it. The logo is flanked by four small images: a woman at a computer, a person receiving a massage, a person performing a Pilates exercise with a blue ball, and a close-up of hands performing a massage. Below the logo, a list of services is presented in two columns. The left column includes: PHYSIOTHERAPY ASSESSMENTS, SPORTS THERAPY, REHAB EXERCISES, ACUPUNCTURE, and SHOCKWAVE. The right column includes: PILATES, ULTRASOUND, SPORTS MASSAGE, PERSONAL TRAINING, and POST NATAL ASSESSMENTS. At the bottom, there are social media icons for Facebook, Instagram, and LinkedIn, all with the handle 'islasellphysio'. To the right of these icons, the website 'www.islasellphysio.co.uk', email 'hello@islasellphysio.co.uk', and phone number '07715427929' are listed. The address 'Unit 1B, Barbican Court, Looe, PL13 1QQ' is at the bottom right.

PHYSIOTHERAPY ASSESSMENTS
SPORTS THERAPY
REHAB EXERCISES
ACUPUNCTURE
SHOCKWAVE

PILATES
ULTRASOUND
SPORTS MASSAGE
PERSONAL TRAINING
POST NATAL ASSESSMENTS

www.islasellphysio.co.uk
hello@islasellphysio.co.uk
07715427929

Unit 1B, Barbican Court, Looe, PL13 1QQ



The image is an advertisement for the Looe Garden Club 2024. It features a photograph of a garden scene with yellow boots, a watering can, and various plants. To the right of the photo, the text is as follows: 'LOOE GARDEN CLUB 2024' in green, 'VENUE: St. Martin's Church Hall, East Looe PL13 1FA' in black, 'MEET: 4th Wednesday of the month, Jan. to June, Sept. to Nov., at 2:15 pm' in black, 'Annual Membership £12 Visitors £2' in black, 'CONTACT: looegardenclub@gmail.com' in green, and 'Looe and District Horticultural Society' in black with a Facebook icon to the left.

LOOE GARDEN CLUB 2024

VENUE: St. Martin's Church Hall, East Looe PL13 1FA
MEET: 4th Wednesday of the month,
Jan. to June, Sept. to Nov., at 2:15 pm
Annual Membership £12 Visitors £2

CONTACT: looegardenclub@gmail.com
Looe and District Horticultural Society



HELP for YOU!

Would you benefit from a small grant towards

Further Education?

Do you live in:

The Barbican? Sunrising? Plaidy?

Millendreath? Nomansland?

Hessenford (West)?

Seaton (West)?

Enquiries and applications to:

St. Martin-by-Looe School Trust at

info@stmartinlooeschooltrust.org

or write to

Rev. Ben Morgan Lundie,

The Rectory, St. Martin, LOOE PL13 1NX

closing date for applications –

Friday, September 27th 2024

HARBOUR CLINIC



HEARING LOSS? EAR ACHE?
BLOCKED EARS? RINGING EARS?
SORE OR ITCHY EARS?



Ear Consultation

Full ear health assessment, video and photo-otoscopy - £25

Ear wax removal

Includes all of the above plus the removal of wax using micro-suction of one or both ears - £45



PODIATRY

We are really excited to be able to offer this service to our patients and really lucky to have such an experienced and caring professional delivering it

Matthew is passionate about providing excellent foot care to adults in the clinical setting and can also offer a call out service to specific types of patients such as care home residents.

He has a wealth of experience and we know that he will improve the foot health of patients who choose to visit him at Harbour Clinic.

07754 261461

WWW.HARBOURCLINICEARS.CO.UK

3 ALBERT TERRACE, LOSTWITHIEL, PL22 0AF



KAYAK STORAGE AVAILABLE

With option of 'conservancy add on'
annual fee for the Millpool slipway



AT POLEAN WEST LOOE

Please contact Looe Harbour Office for further information:

Telephone: 01503 262839

Email: reception@looeharbour.com

LOOE DEFIBRILLATORS

Due to the works on Lower Quay (fishermen's stores), East Looe the defibrillator has been moved to the shelter adjacent to Catch fish and chip takeaway



Great Western Railway have purchased their own defibrillator for Looe Railway Station.

Therefore, the defibrillator purchased by the Looe Defibrillator Appeal has been moved from Looe Railway Station to the entrance of the Wooldown, East Looe.

If you would like a copy of the map with all the defibrillators listed for Looe, please contact Looe Harbour office

[email: reception@looharbour.com](mailto:reception@looharbour.com) or telephone 01503 262839.

MAJOR WORKS ON THE TAMAR TUNNEL TO CAUSE DELAYS

Over this winter period it is proposed that a number of closures will take place of the tunnel at Saltash to refurbish the systems that control this asset.

From what I am being told that this is likely to cause significant delays to crossing to and from Plymouth. One lane is likely to be closed during this time and this will cause even more problems.

A working group at the Community Area Partnership will be working to make sure that all the information on this is available. It is hoped that by working with local bus rail and town and parish councils we can keep people updated.

As a lot of local residents work or use medical facilities across in Plymouth it will be important problems are dealt with quickly. I will, of course, keep you updated as more is known about dates and times of works and issues as information becomes available.

Regards, Councillor Armand Toms,
Looe East and Deviock Telephone 01503 264823 or 07398994834

Sheila's School of Dancing

Over 50's gentle dance-a-cise every Tuesday and Thursday
at the Millpool Centre

Classes also available for children and teens in Disco, Street, and Latin American,
in Looe, Pelynt and Liskeard

Adult classes and private lessons in Ballroom and Latin American

07866 771429

sheiladancing12@gmail.com

u3a

Looe & District

Are you retired or semi-retired?
Looking for some lively company, fun
friendships and stimulating activities?
Then why not join Looe & District u3a.

We are a friendly organisation meeting once a month in St. Martin's Hall to listen to
informative speakers covering a wide range of topics. We also have smaller Interest
groups: from Art to Wild Swimming and everything in between!

Enjoy social events? We arrange many trips, concerts, quizzes, lunches and teas.



The motto of the u3a organisation is
Learn, Laugh, Live and that's what we do!

Check out our website on looeu3a.org

For more information, please contact the Chair,

Alison Currah on chair@looeu3a.org

or the Membership Secretary on

membership@looeu3a.org

AGE CONCERN LOOE

Age Concern meet up every Tuesday afternoon 1.30 - 4pm at Looe Social Club.

Come along and have a chat with tea or coffee
and a game of bingo with a cash prize.

We also have days out and meals out.

Come and try it - bottom bar of the social club West Looe,
Look forward to seeing you there.

Kind regards, Pat and the Committee



KELTIQUE NEWS

Our summer concerts have continued apace, and we thoroughly enjoyed singing on West Looe Quay on two further occasions, including on 12th August when we shared the bill with the Burraton Boys, who cheekily described themselves as the Youth Section of the Burraton Male Choir. Their repertoire was greatly appreciated by the audience.



Riverside Church, where we practise every Monday evening, had invited us to sing at one of their services and we were delighted to be involved. Our last concert of the summer season was on Tuesday 10th September when we sang in the RNLI boathouse on the Looe Seafront to help them raise money for this very worthwhile charity. Thank you to everybody who turned up despite the awful wet and windy weather!

Unfortunately, two concerts in our programme, one at the Heritage Centre and one in St Winnow Church near Lostwithiel had to be postponed until 2025 for reasons beyond our control.

Future concerts

We are now practising for our Christmas concerts and we hope that you will join us at any of the following events:

Monday 28th November, 8.00pm - Portbyhan Hotel

Monday 9th December, 8.00pm - Portbyhan Hotel

Friday 13th December from 6.00pm - Duchy Nurseries late shopping

Monday 16th December, 7.30pm - St Nicks

Thursday 19th December 6.00-7.00pm - Looe late night shopping

Sunday 22nd December, 6.00pm - The Smugglers, Seaton

Monday 23rd December, 7.30pm - Polperro Methodist Chapel with the Polperro Fishermen's choir

Fundraising

We invite you to join us at the Portbyhan Hotel on Friday 8th November at 6.30pm for a quiz to help us raise money for the choir and for Cornwall Hospice Care, our chosen charity for this year.

See the details in the poster, right.

For more information about Keltique, including details of events, check out our website at www.keltique.org.uk, our Facebook page, our YouTube Channel or contact Penny at pennyweston@outlook.com

CHARITY QUIZ NIGHT

FRIDAY 8 NOVEMBER
6.30 for 7pm start
PORTBYHAN HOTEL
WEST LOOE

tables of 6, £3 pp
 roasties included
 bar & raffle

in aid of
Cornwall Hospice Care
 Caring for our community

info@keltique.org.uk
07717 760104
 to book table

SEPTEMBER 2024



LOOE LIBRARY

MONTHLY UPDATE

The library team delivered a week of 'Marvellous Making' activities. Fully booked and free to all, the sessions were a great success and we asked the *children* for feedback.....

Jon Roberts treated children to a collaborative workshop where they teamed up to compose a myth for Looe.



What's trending...?

Read a **romance** in September and get in the mood for **Strictly!**

'I loved getting sticky and gluey.' 'We shared our ideas and made new friends.' 'There was enough clay to make lots of things.'



Looe Library Festival SRC Activity Week
Feedback from the children



'I liked planning my own story and characters.' 'I liked it being timed, it made it exciting and our team won!' '...really liked finger knitting.'

I would like to thank our library team for leading the 'Marvellous Making' sessions. The team are amazing and have worked so hard to make the SRC enjoyable for our young borrowers.

Catherine
Supervisor, Looe Library & Community Hub

FREE CLUBS & GROUPS
Stories & Songs EVERY MONDAY 10:30-11AM
Knit & Natter EVERY TUESDAY 2-4PM
Saturday Club EVERY WEEK 11AM-1PM



Coming Soon...

17th Sept
Veterans Coffee Morning

1st-6th Oct
Looe Festival of Words



Follow us on Facebook
Looe Library & Community Hub



LOOE OLD CORNWALL SOCIETY

Looe Old Cornwall Society meets at 2.30 pm at St Martin's Hall, Looe, where there is ample free parking. Members free, visitors £2.

Saturday 12 October: Philip Photiou talks about "Civil War in Plymouth"

Saturday 9 November: Merryn Threadgould introduces a Cornwall Memory Game

In addition, on Friday 25 October we will have a fish and chip supper at Kelly's. Details at meetings.

Come along and give us a try - you don't have to be old or Cornish!

CALM-SPACE  CHILDMINDING

My name is lisha, and I am a qualified and Ofsted registered childminder based in West Looe. I have many years of experience working within childcare and educational settings.

[My opening hours are from 7am - 6pm Monday – Friday](#)

All families are welcome, including home-educated children.

If you require a childminder, and would like to find out more about

Calm-space Childminding

[Please call or message me on: 07984017776](#)

[or email me at: ieware17@gmail.com](mailto:ieware17@gmail.com)



LOOE COMMUNITY TEA ROOM

The Community Tearoom in the Rose Garden is open from 10am until midday Monday to Saturday.

It is run by volunteers.

We also have two trips a year.

Do come along and have a tea or coffee and biscuits and a chat.

Everyone is welcome. We all look forward to seeing you all.

Pat and her team



LOOE BOAT OWNERS ASSOCIATION - TIDE TABLES HELP TODDLERS

As you can see from our photograph there were smiles all round recently at Looe Toddlers when Dave Peat, Looe Boat Owners Association (LBOA) President called into present them with a cheque for £1,000, on behalf of the association.

The money was raised by the sales of the LBOA Looe Tide Tables booklet, sold in shops throughout the town. This fundraising has gone on for some years now and has benefited several youth groups in the Looe area. So make sure to look out for the 2025 edition and do your bit to help the youth of Looe.

LBOA also organise and run the Looe Raft Race on behalf of Looe Lifeboats. But LBOA is not just a fundraiser and promoter of boating interests. We are a social group offering a full calendar of events, open to all, boat owner or not. Learn more about us and upcoming events on our website <https://lboa.co.uk/>



See you there!

<p>Weekly Workshops</p> <p>~</p> <p>Full Scale Annual Shows</p> <p>~</p> <p>Parent's Presentation Evenings</p> <p>07920 282818</p>	 <p>Youth Drama for all ages</p> <p>Come and Join Us!</p> <p>LYT</p> <p>Looe Youth Theatre</p>	<p>Boosts Self Confidence</p> <p>~</p> <p>Promotes Creativity</p> <p>~</p> <p>and...</p> <p>We Have a Great Time!</p> <p>looe youth@gmail.com</p>
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Looe In Bloom

Q U I Z NIGHT

on

Saturday 26th October 2024

at The Millpool Centre

from 7.30 pm to 10.30 pm

RAFFLE

Cost: £10 per person

includes Buffet

(pay bar available – CASH only)

BOOK IN ADVANCE

to avoid disappointment as there are restricted numbers

Contact: Jo Gale on 07967 410970

Email: jogalelooe@gmail.com

All Profits made will go to Looe In Bloom so we can Keep Looe Blooming !



LOWER QUAY FISHERMEN'S STORES

DEMOLITION AND REBUILD PROJECT

Following months of 'behind the scenes' work by the project team, Looe Harbour Commissioners will be starting an exciting new project on 16th September 2024.

The aim of this project is to demolish and sympathetically rebuild the fishermen's stores on Lower quay, East Looe to service the needs of our fishing fleet.

The stores are fully occupied and LHC currently have a list of active fishermen waiting for stores to become available. The stores were built in the 1950s and are of a very basic construction with asbestos roofing. The doors, windows and rooves of the stores, are now in a poor state, and effective repairs are unable to be actioned. These stores are vital to our fishing community as they provide the only ground floor storage facility in the Port close to the waterside, where larger items (such as trawl doors and crab pots) can be stored when not in use.

As the site is in an area that is open to the public and one which gets very congested during peak season, it has been agreed that works would commence on 16th September 2024 when the area will be quieter and therefore a safer work environment.

The project is expected to be completed by March 2025.

Emergency access through the site will be maintained for Emergency Services. Harbour staff will do their best to minimise disruption to businesses and private dwellings on Lower Quay.

Please do not hesitate to contact the Harbour Office with any concerns or queries

Harbour Office – 01503 262839 (Ext 1).

In the meantime, Looe Harbour Commissioners apologise for any inconvenience caused during the demolition and construction phases of the project.

Dave Bond, Chairman, Looe Harbour Commissioners

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THREE SEAS CORNWALL UPDATE

Once again, thank you to all those of you that invested in the Looe Coastguard Flats.

Every Investor should have now received their certificate via email to confirm their share. Please contact us at info@threeseas.org.uk if you have not been sent a copy.

All Investors will be invited to visit the Coastguard Flats on Saturday 12th October for an OpenDay and Tour. You will have the opportunity to meet many of our team and gain an insight into the next steps and timeline of this project. Time to be confirmed. A further Open Day will be on Saturday 9th November for anyone local with an interest in our progress, details of this will be announced nearer the time by social media, newsletter and details on our website.

We are currently looking to expand our team.

We have two roles that require talented individuals to join Three Seas Cornwall, a Finance Manager and Technical Project Support Manager. Both positions are initially for one year, for all details and an application pack please check our website www.threeseas.org.uk.

As always, we would like to extend our heartfelt thanks to each of you for your ongoing support and involvement in Three Seas Cornwall.



Must Step Podiatry Tracy Mustoe HCPC Registered Podiatrist



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for an appointment



WELCOME TO WEDDINGS AT LOOE GUILDHALL

The impressive and historic Grade 11 listed Guildhall was built in 1877 – as can be seen on the weathervane that proudly stands at the top of the clocktower.

The Guildhall Chamber has been licenced to perform civil marriages.

Your wedding ceremony will take place in the first floor Guildhall Chamber with a high wooden ceiling, large oil paintings and of course, magnificent stained-glass windows. You will feel a total sense of grandeur as you stand together to exchange your vows.

Exchanging wedding vows is a special moment for all couples and such a memorable event deserves to take place in a historic building.

The Chamber gives a sense of occasion and can host elopement weddings with just the couple and two witnesses, or can comfortably seat 60 guests, or any number in between!

*Say "I Do" at
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Looe*

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ceremoniesbyamanda@outlook.com**

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LOOE MARINE CONSERVATION GROUP

As summer draws to a close, our autumn/winter programme of free events provides opportunities to get out on the seashore, learn about Looe's amazing marine wildlife and get involved. We're running two rockpool rambles including a new event as part of Looe's Festival of Words. We also resume our monthly talks followed by volunteer meetings upstairs at the RNLI Station.

Our talks feature some excellent speakers, so attend a talk or event and stay for our monthly meetings to find out how you can get involved in marine conservation work. When you become a member for just £8 a year, you'll receive our newsletter and be the first to know about opportunities, events and socials. Sign up here <https://looemarineconservation.org/join-looe-marine-conservation-group/online-membership-form/>

Saturday 5 October 1-2.30 pm

At 1.00pm, Looe Marine Conservation group will be leading Poetry on the Rocks, a family-friendly poetic rockpool ramble at Hannafore Beach below the Coastguard Station. Look out for the sail flags. We'll guide you to an amazing hidden world on the rocky shore where magic comes alive in the rockpools. Notice the landscape. Discover the amazing wildlife.

This inspirational hour on the rocks will be followed by a poetry workshop on the beach – looking over to Looe island. FREE event - a small donation will be welcomed on the day. No booking required – just turn up, join in and enjoy.

This event is supported by Literature Works Seed Bed.

Tuesday 15 October 6.15pm Upstairs at Looe RNLI Station

TALK: The Cetacean Acoustic Trend Tracking Project

Did you know that the whales, dolphins and porpoises visiting Looe Bay are now being tracked as part of an acoustic monitoring project!

Looe MCG is working alongside other research organisations and the Wildlife Trusts to collect data from an F-Pod listening device which forms part of a network spanning the Isles of Scilly to Sussex. This citizen science project is in its infancy but you can get involved. So come and hear about this exciting project from Meg Hayward-Smith.

The FREE talk will be followed by our monthly meeting to which all are welcome. No need to book. Donations always welcome.



Sunday 3 November 11.30-1.30 Rockpool Ramble. Hannafore Beach

Fancy finding some crackin' crabs & stunning starfish? Well why not join local experts as we explore the rocky shore! We ask that all attendees come along with suitable footwear

(no flip flops) and leave their nets at home as they can harm delicate rockpool creatures. Meet us below the coastguard station on Hannafore Beach, West Looe.

Tuesday 19 November 6.15 pm Upstairs at Looe RNLI Station

TALK: Astonishing Grey Seal Pups by Sue Sayer

Whilst grey seal pups are superbly adapted to life in the sea, with mortality rates of between 40 - 75%, their first few months can be tough as they learn to fend for themselves. Explore the world (made possible by big camera lenses) of local mums and pups and witness their amazing transformation. This multimedia talk is fully illustrated with photos and videos of seals in Cornwall.



Sue Sayer is an internationally renowned researcher and author. Sue founded the Cornwall Seal Group Research Trust in 2000 – a multi award winning, evidence-based citizen science conservation charity. Sue's MBE is for services to Wildlife Protection and Conservation.

The FREE talk will be followed by our monthly meeting to which all are welcome. No need to book. Donations always welcome.

Further details for all these events are on our website (www.looemarineconservation.org) and listed under the Events section on our Facebook page

(www.facebook.com/LooeMCG)



LOOE GOLF CLUB

Looe Ladies held their Open recently. 30 ladies from Looe entered and were pleased to welcome 34 ladies from visiting clubs around Cornwall & Devon.

The weather was good and the ladies enjoyed refreshments on the 10th hole kindly provided by our volunteer lady bakers. Food was available after the competition. The winners were visitors from Bovey Tracey, Sue Adams & Sandy Brooks with 40 points. In 2nd place, with 39 points on countback, was Hilary Manley from Cape Cornwall guest of our Looe lady, Hermione Green. Porthpean Ladies took 3rd place also with 39 points, Debbie Howard and Teresa Phillips and in 4th place with 37 points was Ruth Bowers also from Cape Cornwall who was Looe lady Penny Weston's guest.



Left to right Winners: Sue Adams and Sandy Brooks with Looe Lady Captain Jane Patchett

There was a raffle in aid of Bowel Cancer West and Looe Golf Club Ladies' section, that made £320. A good day was had by all.

Tai chi

Thursdays 12.30, Millpool Centre, Looe



NEW CLASS

Contact Kath Revell

ninjagranny.org

07729 907056



LOOE SAILING CLUB

Another very active and successful summer is slowly coming to an end with racing down to Saturdays only now the evenings are drawing in.

The Club was pleased to host the Enterprise National Championships at the end of July with entries from as far afield as Scotland along with plenty of local interest. The week proved to be the warmest of the summer making it good for everything except sailing, meaning the first two days were lost due to a total lack of wind. However with some alteration to the programme eight of nine scheduled races took place.

The Club was delighted to have two crews in the top three at the end of the week with overall winners Darren and Hayley Roach and David and Jazz Jackman in third place. Congratulations to them and many thanks to everyone who helped to make for such a successful week.

The end of August brought the Redwing National Championships. Unfortunately the event was shortened to a two-day event due to a much-reduced entry list. Strong wind affected the weekend but four of the six planned races were completed. Congratulations to overall winners David Jackman and Peter Greenwood who were victorious in all four races.

Junior sail training will be winding down at the end of September with a presentation to all the youngsters who have taken part during the season.

Early October will see the Club entertaining more Enterprise sailors when we host the South West Enterprise Open meeting. Hopefully the weather will play ball and allow for a good weekend's sailing.

<http://www.looesailingclub.co.uk/>

<https://www.facebook.com/LooeSailingClub/>



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MILLPOOL CENTRE TIMETABLE

Mon	8am– 9am	Yoga with Gocha: www.gochawellness.com
	10.30am– 11.30	Paracise: Exercise class with Lisa Gorman 1st floor 07890 381 516
	2pm - 4pm	Panto rehearsals: contact Marylyn King
	4pm - 8pm	Bond Dance company: contemporary & commercial age 3-young teens term time only contact: 07969 212 902
	4pm– 5.15pm	Yoga with Maria - contact - 07980 533 050 1st floor check dates with Maria for term times
	7.30pm - 9pm	Looe Karate Club –Contact Dave - 07889 310 908 1st floor
Tue	8.30am & 9.45am	Pilates with Kerry - 07588 220 007 1st floor
	10am - 11am	Little Wiggles: Movement, stories & songs babies & pre walkers
	11am - 12pm	Wear & Wiggle: Dance with your baby: BDC 07969 212 902 (Term time)
	11am - 12pm	50 Plus Dancercise with Sheila’s School of Dance 07866771429
	2pm - 3.30pm	Exercise Class with Looe Exercise Group - 01503 265947 1st floor
	7pm - 8.30pm	Mindfulness meditation with Natalie:1st Tue of each month from 3rd Sept : 07973 267 232: natalie@natalie-brooks.co.uk
Wed	8am–9am	Yoga with Gocha 07539 178 840 1st floor (Check for term dates)
	6pm - 7pm	Adult contemporary dance with Gocha wellness 1st floor
	7pm - 8pm	Pilates: Gocha Wellness 1st floor
	4.30pm–6pm	Last Wednesday of each month - Community Meals - 07766 020 524
Thu	10am - 10.45am	Jump & Wiggle : BDC : 07969 212 902 Baby & Toddler group (Term time)
	11am - 12pm	Sheila’s School of Dance Adult Dancercise - 07866 771 429 1st floor
	12.30pm - 1.30pm	Tai chi: Kath Revell: 07729 907 056 1st floor
	1.45pm-3.45pm	Cornwall Mind Community Café 2nd Thu of month: Vocal group 4th Thu
	4pm - 8.30pm	Ballet & Tap classes, contemporary & street Child & Adult with Bond Dance Company: contact Rachel 07969 212 902 1st floor (TERM TIME ONLY)
	7pm - 9pm	Ukulele Club (Ground Floor) contact Roger Lane: 01503 262775
Fri	1.30pm - 2.30pm	Jumma Prayers: contact 07974 223 693 From 27th Oct 12.30 - 1.30pm
	4.30pm - 7.30pm	Looe Youth Theatre - 07920 282 818 (Fiona) ground floor (Term time only)
	6pm - 7.15pm	Multi-Fit Exercise Class (Hooping (optional), Body Conditioning, Pure Stretch)
	7.30pm - 9pm	Bond Fitness with Denise Bond 07779 059 868 1st floor Looe Karate club 01503 264767 (Dave) 1st floor
Sat & Sun Centre Available For Private Hire - 01503 265947		
The Millpool Centre, West Looe. PL13 2AF : manager@millpoolcentre.org		

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Articles should be text documents, not images or PDFs, and It would be really helpful if images could be sent separately, rather than embedded in documents.

Poster images and adverts should be full, half (landscape) or quarter (portrait) page A4 size.

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