





thecrabbpotlooe@gmail.com www.thecrabbpot.co.uk or find us on Facebook





2, 3, & 4 YEAR OLDS



9.00am - 3.30pm Monday - Friday Lunch Club: Monday -Thursday 12.00pm - 12.30pm 30 Hours Funded places available

Telephone 01503 265623 / 07976 393133 for a free taster session or for more information www.westlooeplaygroup.co.uk

email: admin@westlooeplaygroup.co.uk

sheila's School of Dancing Over 50's gentle dance-a-cise every Tuesday and Thursday at the Millpool Centre

Classes also available for children and teens in Disco, Street, and Latin American, in Looe, Pelynt and Liskeard Adult classes and private lessons in Ballroom and Latin American

07866 771429 sheiladancing@btinternet.com



LIONS CLUB OF LOOE CARNIVAL 2023





Monday 31st July Looe's Traditional Furry Dance.

Starts from West Looe Square at 7.30pm

Tuesday 1st August

Annual Summer Run

Starts 7.00pm (Registration – Millpool Centre from 5.00pm)

Details and Entry see SI Events (www.sientries.co.uk)

Under 13s Mini Fun Run

Starts 7.05pm (Registration – Millpool Centre from 6.00pm)

Start at Millpool Centre and on through the woods.

Sheila's School of Dance presents "Music in the Meadows"

7.30pm at Duloe Village Hall

Wednesday 2nd August

Children's Sand Modelling Competition

on East Looe Beach 1.00 – 2.00pm.

Entry £1.00

Sheila's School of Dance presents "Music in the Meadows"

7.30pm at Duloe Village Hall



Thursday 3rd August

"The Ukulele Extravaganza"

6:30pm at the RNLI Lifeboat House.

Polperro Fishermen's Choir in concert

8.00pm at the RNLI Lifeboat House.

Sheila's School of Dance presents "Music in the Meadows"

7.30pm at Duloe Village Hall

Friday 4th August

The following event is limited to participants over 18, photo ID proof of age required.

Sponsored 3-Legged Race (Fancy dress) in aid of Looe Community Meals.

£5 per person entry.

Register 6:30pm West Looe Square (West Quay Centre)

7:30pm start from The Jolly Sailor ending at The Globe

** Looe's Grand Carnival Procession **

Assemble – 6.00pm At Marine Drive, Hannafore.

Procession to East Looe starts at 7.00pm

including St Pinnock Band, Liskeard Silver Band,

Kernow Pipes & Drums, Samba Kernow,

Floats and Walkers.



LOOE COMMUNITY TEA ROOM

Looe Community Tea Room in the Rose Garden is open Mondays to Saturdays 10 am to 12 pm.

Come along and have a chat with a tea, coffee or hot chocolate.

Everyone is welcome. Hope to see you soon. Pat and her team

Looe Locksmiths Call 07739124163 www.looelocksmiths.com

Your Local Mobile Locksmith based in Looe

Key Cutting
Lock Replacement
Lock Opening
Vehicle Opening
Broken Key Extraction
UPVC/Composite Door Adjustment



KAYAK STORAGE AVAILABLE

With option of 'conservancy add on' annual fee for the Millpool slipway





AT POLEAN WEST LOOE

Please contact Looe Harbour Office for further information:

Telephone: 01503 262839

Email: reception@looeharbour.com





LOOE LOOE RNLI LIFEBOAT STATION

Shouts: Our volunteer crew at Looe are ready to answer the pager and rescue those in difficulty. Between 21 May and 12 July our crews launched to five shouts. Find out more at: www.looelifeboats.co.uk/recentshouts.htm



Souvenir Shop: Subject to volunteer availability, and the weather, our shop is open daily between 11 am and 4 pm. We have a wide range of products on sale, including Christmas cards, a new range of gifts and 2024 calendars.

Albatross Boathouse: Our volunteer guides open our boathouse daily from 11am to 4pm unless there is operational requirements or adverse weather. They look forward to welcoming you and telling you all about our volunteer crew, the RNLI, the charity's launch tractors and inshore lifeboats.

Concerts: Our fundraising season of concerts continue. Details on future seafront and boathouse concerts can be found on our Facebook page and shop posters.

Keeping safe on the coast: Our SE Cornwall RNLI lifeguard teams patrol Seaton, Tregantle, Sharrow, Freathy and Tregonhawke beaches. Please take notice of the red and yellow flags and follow the advice of the lifeguards when they are on duty. Always Respect the Water, check the tide times, wear appropriate buoyancy aids and take a method of calling for help. If you need help or see someone in difficulties call 999 and ask for the coastguard.

If you are on East Looe beach, check the orange windsock on East Looe Town Trust's building by the Old Lifeboat Station. If it is pointing out to sea this denotes an offshore wind which can easily blow an inflatable, stand up paddleboard, kayak or canoe out to sea and hinder your attempts to return to shore safely.

Open water / cold water swimming: Open Water Swimming is becoming more popular around our coasts - whether you're swapping the swimming pool for open water or just enjoying a quick dip, please take care. Safety information can be found on the RNLI website:

https://rnli.org/safety/choose-your-activity/open-water-swimming

Float to live: However you end up in the water, if you get into trouble, remember to Float to Live. Cold water shock is our body's natural response to entering cold water and can very quickly lead to drowning. Floating, even for a short time, allows the effects of cold water shock to pass. It enables you to regain control of your breathing and your survival chances will greatly increase.



You can learn how to float following these five simple steps:

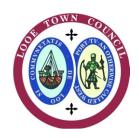
- 1. Tilt your head back, submerging your ears.
- 2. Relax and try to control your breathing.
- 3. Move your hands to help you stay afloat.
- 4. Your legs may sink but that's OK everyone floats differently.
- 5. Spread your arms and legs to improve your stability.

We actively encourage practising how to float in a safe environment. It's a lifesaving skill and having the confidence to float in a life or death situation could make all the difference.

If you see someone struggling in the water, fight your instinct to jump in and help. Stay on land and phone 999 and ask for the Coastguard at the coast, or Fire & Rescue when inland. Tell the person in danger to float on their back and throw them something that floats, which they can use for buoyancy.

Find out more at https://respectthewater.com/





MESSAGES FROM THE MAYOR OF LOOE-CLLR TONY SMITH



Cllr Tony Smith, Mayor of Looe



Having begun my tenure as Mayor in May 2023, it was with great sadness that we heard of the sudden death of one of our employees last month.

Brian Saville was a valued member of our cleaning team, who passed away suddenly on 26th June. He had worked for Looe Town Council for over nine years and was a well-known figure around the town. He will be sadly missed by colleagues and friends here and, on behalf of the Council, I would like to pass on our sincere condolences to his family.

Signs and advertising in Looe

We have recently written to several businesses in Looe with advice to remove advertising signs and 'A' boards which have been appearing all over the town. We are aware that Cornwall Council (the enforcing authority) visited recently to review the siting of boards, some of which are causing a hazard to pedestrians and other road users.

We hope that our informal letters and discussions with businesses will help to resolve any issues without any enforcement action being taken by Cornwall Council.

Looe Town Council has a responsibility for maintaining the character of our town for everyone who lives, works and visits here. Unfortunately, some of the advertising and signs which have appeared in the town do not comply with the law,

particularly that relevant to Looe's conservation area.

To find out more about the rules that apply in Looe, please visit the planning information area of our website:

www.looetowncouncil.gov.uk/towncouncil/planning-information

Or contact the Planning team at Cornwall Council: 03001234 151



Pictured: An abundance of signs at a town in Greece

Public loos - resident cards

As residents know, we are operating a charging system in the Millpool car park toilets. The cost of maintaining the toilets in town accounts for around a third of our annual budget and to ensure value for money for residents it is important that we try and recoup some of this.

If you live in Looe, you can purchase a 'resident's card' which will give you free access to the toilets. These cost £5 (just to cover the cost of the card and top-ups) and provide 30 entry credits to the toilets each calendar month. That's £6-worth of credit every month for a one-off fee!

To obtain a card, please visit the team at Looe library with proof of your address in Looe.

Public loos – hours and facilities

The opening hours at all our toilet sites (Millpool, Guildhall, East Looe seafront, West Looe Quay and Hannafore seafront) are:

- School summer hols
 7am to 8pm
- 1 June to 31st Oct (except school summer hols) 8am to 8pm
- 1 November to 31 May* 8am to 4pm

*with exception of seafront toilets which are closed for winter except during peak periods.



Disabled facilities can be accessed by those with RADAR keys 24-hours a day at Millpool, Guildhall, West Looe Quay and Hannafore.

Marshall for Fore Street - Welcome Debbie



Over the past few years we have employed Marshalls to prevent drivers from entering Fore Street unless they are accessing premises in that area. We all know how busy and crowded the town centre is in the summer months which makes driving through the crowds very difficult as well as unsafe. Fore Street is an 'Access Only' road so people should not be driving along it unless they need to access premises which are only accessible by that route. There have already been some accidents this year where pedestrians have been injured.

I am very pleased that Looe Town Councill will again be employing a Marshall this year to help alleviate the problem. Our new Marshall, Debbie, joined us on 13th July just in time for the busy summer season, and will be working at the entrance to Fore Street on Thursday to Sunday each week.

A Banking Hub for Looe

As we all know, with the closure of Lloyds Bank in Fore Street, there are no longer any banking facilities in town. Quayside Fresh has stepped into the breach by providing some facilities through their Post Office counter, but they are not able to provide a full banking service there.



The Council has been in discussions about setting up a banking hub in town and we are close to reaching agreement about where it will be placed. The hub will have counter services run by each of the major banks on different days of the week and dedicated rooms where customers can visit community bankers from their own bank. This hub will be a welcome addition to the town and I look forward to sharing more news about it soon.

Tony Smith

Cllr Tony Smith, Mayor of Looe



MILLPOOL LAUNCHING AREA PERMITS 1st April 2023 – 31st March 2024

Annual Permit (Motorised) to include conservancy plus parking of car & trailer (unlimited use) - £250 (including VAT)

Annual Permit (non-motorised) to include conservancy plus parking of car (unlimited use) – £125 (including VAT)

Annual Permit (motorised) – conservancy only, no parking - £130 (including VAT)

Annual Permit (non-motorised) – conservancy only, no parking - £52 (including VAT)

For further information please contact:

Looe Harbour Office, The Quay, East Looe PL13 1DX

Telephone: 01503 262839

Email: reception@looeharbour.com or office@looeharbour.com

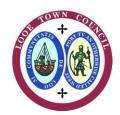
CONTACT CORNWALL COUNCIL

General Enquiries (and all services) 0300 1234 100 Children, Schools and Families 0300 1234 101 Libraries 0300 1234 111 0300 1234 121 **Benefits** Adult Care and Support 0300 1234 131 Refuse and Recycling 0300 1234 141 0300 1234 151 **Planning** one and all onen hag oll 0300 1234 161 Housing Council Tax and Business Rates 0300 1234 171 0300 1234 181 Registration Service Trading Standards 0300 1234 191 **Environmental Management** 0300 1234 202 **Environmental Health and Licensing** 0300 1234 212 Roads, Transport and Parking 0300 1234 222 Fire and Community Safety 0300 1234 232

WEBSITE: www.cornwall.gov.uk

Calls to 03 numbers cost no more than a national rate call to an 01 or 02 number and must count towards any inclusive minutes in the same way as 01 and 02 calls





LOOE TOWN COUNCIL CONTACTS



Mayor, Cllr Tony Smith 07774 639023

tony.smith@looetowncouncil.gov.uk

Deputy Mayor, Cllr Stephen Remington 01503 263653

stephen.remington@looetowncouncil.gov.uk

Councillor Simon Barker 01503 262929

simon.barker@looetowncouncil.gov.uk

Councillor Wayne Edwards 07903 315053

wayne.edwards@looetowncouncil.gov.uk

Councillor Jasper Graham-Jones 01752 586176

jasper.graham-jones@looetowncouncil.gov.uk

Councillor Martin Gregory 01503 272796

martin.gregory@looetowncouncil.gov.uk

Councillor Edwina Hannaford 07717 203725

cllr.edwina.hannaford@cornwall.gov.uk

Councillor Chris Harwood 07454 567845

chris.harwood@looetowncouncil.gov.uk

Councillor Jon Holmes 07940 095322

jon.holmes@looetowncouncil.gov.uk

Councillor James Lundy 01503 264405

james.lundy@looetowncouncil.gov.uk

Councillor Michala Powell 07469 633444

michala.powell@looetowncouncil.gov.uk

Councillor Armand Toms 01503 264823

cllr.armand.toms@cornwall.gov.uk

Cornwall Councillors:

Edwina Hannaford Armand Toms

LOOE TOWN COUNCIL

First Floor Looe Library and Community Hub The Millpool West Looe PL13 2AF 01503 262255

enquiries@looetowncouncil.gov.uk www.looetowncouncil.gov.uk



Looe Allotment Association



Ever thought about an allotment?

Plots available from £40 a year

Grow your own vegetables, fruit and herbs whilst enjoying views across the beautiful Cornish countryside
For more information, email looeallotments@gmail.com

If you would rather speak to someone, please contact Looe Town Council



LOOE LIBRARY & COMMUNITY HUB MILLPOOL, PL13 2AF

LOOE LIBRARY

UPDATE JULY 2023

WE KICKED OFF **CORNISH SPEAKING WEEK**SINGING 'BRODER JAKKA' DURING STORIES &
SONGS AND TRIED OUR BEST TO WELCOME OUR
BORROWERS & VISITORS IN CORNISH!

OUR NUMBERS OF ISSUES AND NEW BORROWERS CONTINUE TO RISE AS



RESIDENTS OF LOOE ENJOY READING AND MAKE USE OF OUR FABULOUS FREE LIBRARY SERVICE.

We launched our latest promotion **Love YOUR LIBRARY,** WITH STAFF SHARING THEIR
FAVOURITE BOOKS. CHECK OUR OUR CHOICES ON

LOOE LIBRARY AND COMMUNITY HUB

FACEBOOK

1

WE ARE EXCITED ABOUT OUR NEXT COMMUNITY EVENT. WE HAVE INVITED OUR BORROWERS AND LOCAL RESIDENTS TO THE LIBRARY FOR TEA & CAKE. ALL WELCOME!

Please help us to raise money in aid of Breast Cancer You are invited to join us for Afternoon Tea

at Looe Library

Milipool, PL13 2AF

Monday

31st July





CLUBS & GROUPS

STORIES & SONGS MONDAY 10:30-11AM

KNIT & NATTER TUESDAY 2-4PM

LEGO CLUB SATURDAY 11AM-1PM



WE WERE DELIGHTED TO WELCOME YEAR 5
PUPILS FROM **LOOE PRIMARY SCHOOL** TO THE
LIBRARY TO WATCH THE CORNISH
CARETAKERS PERFORM '**A CORNISH HISTORY**'
AND ENJOY A KERNOW BOARD GAME.



WE WENT INTO LOCAL SCHOOLS TO PROMOTE THE SUMMER READING CHALLENGE; A FUN, FREE SCHEME WITH REWARDS TO ENCOURAGE CHILDREN TO READ DURING THE SCHOOL HOLIDAYS.









LIONS CLUB OF LOOE

Dates for your diary:

Sunday 23rd July F

Rally and Car boot

Monday 31st July to Saturday 5th August

Looe Carnival

Please see separate poster

for list of events

Sunday 20th August 1.30pm

Looe Lions Duck race

RALLY DAY-23RD JULY EVENTS

10.00am to 11.00am in the ring

Tug of war

Pelynt Young Farmers versus the public

11.00AM TO 12.00PM in the ring

Vintage cars, motorcycles and tractors

12.00PM to 1.00PM Music

THE Huckleberry Finns LIVE on stage

1.00PM to 2.00PM In the ring

Vintage cars, motorcycles and tractors

2.00pm to 3.00pm MUSIC

THE Huckleberry Finns LIVE on stage

OTHER Attractions throughout the day

Fun fair / Car boot sale / Live Animals
Sheaf pitching competition
Welly wanging competition
Food and Drink / Ice cream
Times ARE approximate and may be subject to change.

Looe Shedders

Imagine your garden shed, turbocharged and full of your new friends
That's Looe Shedders



Many of our members have spent a lifetime accumulating skills and knowledge - and one of our goals is to put this to use for the benefit of the community in Looe.

An example of this is currently under way. We are working on a joint project with the Looe Pioneers Running club and Looe Sea Swimmers to create a spectacular float for Looe's Carnival Procession, to be held on Saturday 5th August.

In the Carnival itself members of Looe Shedders will accompany the float playing the role of maintenance engineers keeping the show on the road.



Preparations under way for Looe Carnival

Our Shed

We are continuing to work towards getting planning permission and funding to build our own shed next to St. Martin's Church Hall.

In the mean time our members are itching to start making, repairing and recycling stuff.

We've recently acquired a couple of storage containers to help with this. It enables us to store materials and work-in-progress next to the Church Hall and expands the making activities we can undertake.

It also means we can start another key activity: encouraging people to donate tools for us to refurbish and use

Our Meetings

At present we meet at 10am on the second Saturday of every month at St Martin's Church Hall for a short progress report followed by a range of activities as well as refreshments and chat.

It costs just £2 per person to cover our overheads and refreshments.

New members get the first session free.

We also stage other occasional events throughout the year.

More information on www.looeshedders.co.uk

Our next 2 Saturday meetings are on 12th August and 9th September Do come and join us.





BANJO PIER AND ITS DESIGNER JOSEPH THOMAS



Joseph Thomas was born in 1838 and lived locally most of his life. He spent some years as a merchant sailor but by 1881 he was a qualified civil engineer, just like his father. They worked together on local road and rail projects and improvements to Looe's quays and harbour over the years, but it is his solo projects that our town owes him a great debt of gratitude.

He had grand plans for a luxury seaside housing development at Hannafore and in 1895 the road to Hannafore was opened with a fine celebration. We still have many of those first houses today and his detailed plans show a swimming pool, tennis courts and, for residents use, a pier & breakwater off Hannafore beach area.

Around this time Looe harbour mouth and river was silting up. He realised that by shortening the existing groyne (long pier) and rounding off the end, the problem would be solved. The town officials disagreed with him but Joseph was so confident he offered to fund the works himself and be refunded when it proved to be successful. He got paid and Looe has an unique pier that locals & tourists all admire.

Joseph designed the points system that enables the trains to climb the steep incline up to Liskeard, until then the railway line ran solely between Moorswater & Looe. The new line was opened in 1901, another chance for a big celebration obviously, and that gave us the link we value so much today.

Sadly, he died later that year but there can be no argument that Joseph was a brilliant engineer who excelled in his trade.

Joseph's death meant that the pier and breakwater at Hannafore never got built, but I think it is safe to assume that his design was good and would have been of benefit to Looe.

How wonderful would it be if it could be constructed in the future? Perhaps we could call it Jo's Pier.

Penny McHugh
Volunteer Curator.
Old Guildhall & Museum, East Looe

LOOE ISLAND NATURE RESERVE UPDATE

As I type this, we are about to hit the height of summer holidays. The waters around the island are getting busy and the island is a flutter with butterflies!



3 very different seals

This year, to help our wildlife we have a few exciting new initiatives. Let's start with Looe Island Seal Ambassadors. This team of volunteers will be spending time on Looe Island helping our visitors spot and understand more about the amazing grey seals that share our waters. The volunteers will explain how the seals can often be seen sleeping in the sea or on the rocks and that by giving the seals space they will remain undisturbed and be in the best condition to pup later in the year. Seal Ambassadors will also be able to share how we can identify individual seals and secrets behind their

adaptions and behaviour. And if they are lucky, they might even be able to help people spot a rare (for Cornwall), common seal called 'Serena'!

You won't be surprised that when visiting the island we ask all our guests to put wildlife first. This includes sticking to the trail and this year we have also asked visitors to avoid the point and the east side of main beach. Why? We have noticed that if left undisturbed the shores of the nature reserve are a great refuge for birds.



A blissful Sleeping seal

Throughout the year, the beach is one area where birds can rest, preen and feed. Some of the birds may have nested on the island and others may be stopping here as part of a long migration. Whatever the reason for their presence, if we give the birds space they will use it and if left undisturbed they won't waste energy by moving off when we get too close. Right now we need to give birds as much



Great Black backed gulls resting on the beach

support as we can as avian flu is still present and it's having a massive impact on our important sea bird colony. We are continuing to find sick or dead birds and annual monitoring by volunteers from of Cornwall Birds (CBWPS) shows that numbers of our feathered friends are sadly down.

To thrive, the birds that haven't succumbed to bird flu need to be left as unstressed as possible and giving them space is just one easy

thing that we can all do. Also by keeping to the trail and avoiding parts of shore our visitors aren't walking in areas where the birds congregate and that means they won't be stepping where they might pick up bird flu and further spread of the virus.

Another way we are helping wildlife is to raise funds for Cornwall Wildlife Trust by offering people the chance to stay in Smugglers Cottage or the Bell Tent. These short breaks give people the chance to slow down and relax amongst the peace and guiet of the island nature reserve. So far, our guests have very much enjoyed the unique opportunity to help the charity whilst calmly immersing

themselves in the wildlife of such a

beautiful location.

Finally, last season the numbers of butterflies spotted on the island was down but this year, after a slow start, numbers of these wonderful flying insects has started to increase – yippee! We always try to give all wildlife the best chance to thrive and with butterflies it's a case of not using pesticides and letting large areas go uncut or 'wild'. We make sure we create plenty of opportunities for egg laying, munching caterpillars, safe pupation and flourishing of nectar rich plants for the adults to feed on.



Comma Butterfly on leek flower

Holly Blue Butterfly

The rewards are amazing! To name a few, we've seen gorgeous commas, sophisticated marbled whites and delicate holly blues, but ight now it is the large number of brown' butterflies that are most impressive. They benefit from carefully managed grassland and some can even be spotted flying around in the most miserable of weather.

Remember if you want to find out more about Looe Island Nature Reserve, including how to visit, then check out the Cornwall Wildlife Trust website: https://www.cornwallwildlifetrust.org.uk/explore/visit-looe-island

Claire Lewis, Looe Island Warden's Assistant (all photos courtesy of Claire Lewis)



Black backed gull with ring

THE BENEFICES OF LOOE & MORVAL with DULOE & HERODSFOOT SERVICES

Priest-in-Charge: Revd. Ben Morgan Lundie vicar@looeparishes.co.uk 01503 261184 Hon. Assistant: Revd. Clive Gilbert

MONTHLY SERVICES						
	St. Martin's Looe	St. Cuby Duloe	St. <u>Wenna</u> Morval	All saints Herodsfoot		
	11 am	9:30am	11am	9:30am		
				A TOTAL		
1 st Sunday	Holy Communion	Holy Communion	Family Service	-		
2 nd Sunday	Worship at Riverside URC	Family Service	Holy Communion	_		
3 rd Sunday	Worship at St. Nicholas West Looe	Holy Communion	Holy Communion	_		
4 th Sunday	Café Church (Hall)	-	Morning Prayer	Holy Communion		
5 th Sunday	Holy communion 10.30am Rotating between churches -see websites and notice boards					
Mid-week	Holy communion at St. Nicholas, West Looe, 10am on 2 nd and 4 th Wednesdays					
Contacts	D. <u>Croker</u> 01503 264414	P. Geach 01503 263980	M. Willmott 01503 240218	I. Gordon 01579 320670		
Fo	For other events, please see websites and notice boards					

Good Grief Café: 1st Wed in month, 3-5 p.m. St. Martin's Hall Memory Café: 2nd Fri in month, 2-4 p.m. St. Martin's Hall * NEW *

1st Sunday each month in St. Martin's Hall "CREATOR MAKER" Children's activity 3.30-5 p.m. "ELEVATE" Praise and Worship 7 p.m.

New Curate for the Benefice

We are pleased to announce that the Rev'd Steve Guffick joined the Benefice as a Curate at the end of June. He will be involved in everything the Church does – on Sundays and in our schools as well as being part of the community. Steve is Cornish; born in Redruth, he moved to Seaton with his wife Anna in 2020.

Steve was ordained as a Deacon by Bishop Philip on 23rd June in Truro Cathedral.

We look forward to welcoming Steve and supporting him in his ministry.



Rev'd Ben Morgan Lundie with new Curate Steve Guffick



♦ ♦ ♦ ♦ ♦ ♦ ♦ ♦ ★ PLEASE RING THE ★ PRESBYTERY FOR ☆ **FURTHER** $\stackrel{\wedge}{\Longrightarrow}$ INFORMATION ON 🗼 $\stackrel{\wedge}{\Longrightarrow}$ CONFESSION, $\stackrel{\wedge}{\sim}$ $\stackrel{\wedge}{\Longrightarrow}$ BAPTISM, FIRST ☆ HOLY COMMUNION ☆ $\stackrel{\wedge}{\Longrightarrow}$ ETC. $\stackrel{\wedge}{\cancel{\sim}}$ ALSO OF $\stackrel{\wedge}{\sim}$ **UPCOMING EVENTS** $\stackrel{\wedge}{\Longrightarrow}$ $\stackrel{\wedge}{\Longrightarrow}$ IN THE PARISH. $\stackrel{\wedge}{\Longrightarrow}$ ☆ GOD BLESS. $\overset{\wedge}{\Rightarrow}$

Parish of Our Lady of the Angels

West Street, Liskeard. PL14 6BW
Church of Our Lady of the Angels, Saltash
Church of St Joan of Arc, Torpoint
Church of Our Lady of Light, Sclerder
Church of Our Lady and St Neot, Liskeard
Parish Priest: Fr Gilmour McDermott

Parish Secretary : Mel Turner Tel: 01579 344906

Email: saltash@prcdtr.org.uk Web: www.liskeardcatholicchurch.org











USUAL WEEKLY SERVICES	OUR LADY & ST NEOT LISKEARD	OUR LADY OF LIGHT SCLERDER ABBEY	OUR LADY OF THE ANGELS SALTASH	JOAN OF ARC TORPOINT
SUNDAY	11AM—MASS	9AM—MASS		
MONDAY				
TUESDAY				
WEDNESDAY		12.30PM—MASS		
THURSDAY	10AM—MASS 6PM EUCHARISTIC ADORATION			
FRIDAY	10AM—MASS			
SATURDAY			6.30PM—VIGIL MASS	4PM—VIGIL MASS



KELTIQUE NEWS

Recent concerts

We were delighted to be involved in the following three concerts:

- Saturday 27th May 4.30pm Concert for Relay for Life, Liskeard Rugby Club
- Monday 26th June 6.00pm Concert with Polperro School at Polperro Methodist Chapel
- Saturday 8th July 11.00am-12.00pm Concert at the Liskeard Show

The latter two concerts were new bookings for us. What a delight it was to sing with the children of Polperro Primary Academy, both during our practice session and the concert itself. They sang beautifully and enthusiastically. One of our choir members is their teacher – we are all proud of you Sally! The concert was free and the generous donations were shared equally between the chapel roof appeal, the school and our choir.

We had never sung at the Liskeard Show. We thoroughly enjoyed the experience and we hope to be asked again.

Future concerts

We hope that you will be able to come along and hear us sing at any of the following concerts:

- Sunday 23rd July 3.00pm Looe seafront for RNLI
- Saturday 29th July 7.00pm West Looe Quayside
- Sunday 13th August 7.00pm West Looe Quayside Concert with Rame choir
- Sunday 27th August 7.00pm West Looe Quayside
- Thursday 31st August time tbc in the evening: Sing Along the River, Lostwithiel
- Saturday 9th September 7.00pm West Looe Quayside

Since the last newsletter was published, we have added another concert to our programme. The organisers of Sing Along the River in Lostwithiel have invited Keltique to sing at their second session of the year on Thursday 31st August. The time of our performance has yet to be confirmed and the line-up will include several bands and choirs including the excellent Loveny Male Choir which will be the "main act". This will be a new concert venue for us and we look forward to being part of this popular Lostwithiel event.

Fundraising

We continue to fundraise to support the choir and its exchange with the choir Entre Terre et Mer from Plougerneau in Brittany. In addition, we fundraise for our chosen charity which this year is Ellie's Haven, a charity providing holidays to families caring for children with long term and life limiting medical conditions and disabilities. Every Sunday, we have a table at the Looe Lions car boot sale which restarted on 18th June at West Wayland next to the camping and caravanning holiday park. Come and say hello and hopefully buy a few things.

For more information about Keltique, including details of events, check out our website at www.keltique.org.uk our Facebook page, or contact Penny at pennyweston@outlook.com.

























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NEIL'S STORY



Neil Richardson is a well-known character, who has lived in Looe all of his life. Having had an active life, retirement allowed him to pursue his love of photography, and Neil was often seen photographing local events both on land and on the water.

On Friday 7th April this year, Neil's daughter Carolyn invited Neil to join her, her husband Stan and son Connor in the garden to enjoy the sunny bank holiday afternoon. A short time after arriving, and having no prior symptoms, Neil went into cardiac arrest.

The family knew exactly what they needed to do as Carolyn had attended an emergency first aid course six weeks previously and both her and Stan had attended one of the Basic Life Support & Defibrillator Awareness sessions, delivered by Steve Matthews of South West Ambulance Service, as part of the Looe Defibrillator Project package.

Having dialled 999, Connor was directed to the nearest Community Defibrillator located at Looe Primary school. The Defibrillator was registered with the Ambulance Service and also the BHF Circuit National Defibrillator Network.

Carolyn and Stan were instructed to put the phone on loudspeaker and start CPR.

Having opened the lid of the defibrillator, instructions were given by the machine to fit the pads to the patient. The correct location of where the pads should be fitted, was shown on the face of the pads. Once fitted, Carolyn and Stan followed instructions from the defibrillator unit and the call operator while Connor waited outside the house to direct the ambulance to the incident.

After every two minutes of CPR, a unit will give the following instructions 'Do not touch patient, analysing rhythm'. If there is no shockable rhythm, the unit will state 'No shock advised. Start CPR'.

The family completed three cycles of CPR. Following each cycle, the defibrillator analysed the rhythm of Neil's heart. Each time, the same 'No shock advised' message was given. Neil's family started to lose hope.

However, on the fourth cycle, the message 'shock advised' was received and Stan delivered a shock, with the hope of shocking Neil's heart back into a 'normal' rhythm.

Carolyn noticed Neil's arm move. The defibrillation had been successful!

Emergency services arrived sometime after. This included two land ambulances and the Cornwall Air Ambulance. Neil was then taken to Derriford, where his treatment continued, and an automatic defibrillator was fitted in his chest.

The following email was received by Tina Hicks (Looe Defibrillator Project Lead), a few days after the incident:

Dear Tina.

On behalf of all the family I want to say a heartfelt thanks for your constant hard work and fundraising for the defibrillators placed all around the town. Having the one at Looe Primary school definitely saved my Dad's life last Friday and we are so

grateful to you. Dad is now recovering in Derriford and is now having a mini defibrillator fitted. We have been very surprised to hear how many people didn't even know there was one located there! We are telling everyone to check where they all are in Looe as every second counts. If you ever need help raising more funds we are happy to get involved as we are forever grateful it gave Dad his life back.

Chain of survival

Once again, from the bottom of our hearts. THANK YOU.

Carolyn Minnette (Richardson)

Neil is now on the road to recovery and Neil and Carolyn recently met with Stephen Matthews (SWAST - Assistant Community Responder Officer for Cornwall and the Isles of Scilly) and Tina Hicks, to tell Neil's story.

At this meeting, Stephen Matthews from South West Ambulance Service stated 'There is no doubt that the effective CPR given to Neil, provided sufficient oxygen to Neil's brain to allow messages to be sent to his heart, allowing it to remain in a shockable state. The actions taken by his family, saved his life.'

I am delighted to hear the fantastic outcome from this very stressful and emotional incident. I am very grateful to all the people that assisted us with fundraising for the Looe Defibrillator Appeal.



Delivery of this project allowed a defibrillator to be available in the close vicinity of where it was urgently needed.

Neil and his family have kindly agreed to share their story, with the hope that it will encourage others to find out about CPR, attend the defibrillator awareness sessions, and if needed, have the courage to use one of the twenty defibrillator units that are positioned around Looe. It is really important that people are familiar

with where the defibrillators are located, as statistics state that only 1 in 10 people survive a sudden cardiac arrest in the UK, and a person's chance of survival decreases by up to 10% every minute without CPR and defibrillation.

On 5th August, a Looe Emergency Services Day (10am to 4pm) will take place at West Looe. There will be the opportunity to meet our local teams and gain an understanding of the fantastic work that they do. The Quayside Centre will be a designated 'drop-in centre' where members of the public can learn basic life support and have a go at CPR on resuscitation training aids.

Training promotes confidence. Confidence saves lives.

Please find a few minutes to join us and learn (or refresh) the skills that could save a life.

Tina Hicks



SATURDAY 5TH AUGUST 10AM - 4PM QUAYSIDE CENTRE, WEST LOOE

Come & meet the teams, see the vehicles, boats & equipment used! Learn about basic life support & have a go at CPR! **Great photo opportunities!** Bar, BBQ and light refreshments available!

HELP RAISE FUNDS FOR LOCAL CHARITIES



Please note Looe Fire Station will be open till late

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NEWS FROM EAST LOOE TOWN TRUST



Summer 2023

Many of us will head towards the beach and sea for fun in the summer – and we are proud of our lovely sandy beach and hope to see many residents and visitors enjoying the beach and surrounding areas.

East Looe Town Trust provide the litter, recycling and BBQ bins on the seafront. There is a significant financial cost to the charity in paying for the removal of the waste and so we ask for your co-operation in using the correct bins. Please only put disposable BBQs in the correct bin, we have already had a couple of bin fires this year. It is surprising how long they take to cool down – so please do not leave them on the beach or seafront where they could cause injury.

East Looe Town Trust are also proud to have the water refill point on the seafront – this is provided free of charge to seafront users to refill their reusable water bottles. Please do your bit to help reduce the use of single use plastic.

Looe Sailing Club will be using the seafront next month for visiting boats as they are hosting the GP14 National Championships.

Looe Lions will also be using the seafront and beach during carnival week – please do participate in the events and support the town and Looe Lions.

When using our beach, please be aware of the sea and weather conditions – take a few minutes to read the signs on the entrance to the beach and note the orange windsock which will give information about the direction of the wind. The yellow buoys denoting the swim zone area of the beach are in place and no unauthorised craft are permitted in this area. Please be aware that no craft are to be launched from the beach, without the express permission of East Looe Town Trust. Further sea safety information is provided by the RNLI: https://www.looelifeboats.co.uk/.

Chairman & Trustees East Looe Town Trust



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LOOE FLOOD DEFENCE AND REGENERATION SCHEME



A very big thank you to everyone who attended the three consultation events for the Looe Flood Defence and Regeneration Scheme which were held in the Quayside Centre in June and July.



Many people braved the appalling weather for the third event held at the Quayside Centre on 14th July to come and talk to members of the project team and give us their views.

The unique geographic features of Looe already make the town vulnerable to flood events. Sea levels are projected to rise more rapidly due to climate change, increasing the extent, depth, and frequency of flood

events.

There is no preferred option for the scheme – we want to hear the views of the local community on which option they feel will best protect the town from avoidable flooding events for decades to come.

Over the past years, Cornwall Council has done a lot of collaborative work with a number of groups within the town. This has included sharing

factual survey data with the Looe Marine Conservation Group and listening to their views along with those from the Looe Development Trust, West Looe Town Trust, East Looe Town Trust, Looe Town Council and the RNLI. The project team have also worked with the harbour commissioners, fishermen, leisure boat users, dinghy club and RNLI in a group, known as the "Harbour Users Group", and met with the "Save Banjo Pier" group.

Seven options have been considered in detail as part of the development of the scheme. These are:

- Adaptation of the town/community
- Demountable Barriersi
- Permanent Flood Walls
- Quayside Extension
- Tidal Barrier Only
- Tidal Barrier with Breakwaters
- Carrying on as we are

We are aware of the recent petition by Jamie Pearne, which is essentially the same as the Permanent Wall option but seeks to lower the height of the wall by placing a small breakwater at the mouth of the river in a similar manner to that proposed by



Joseph Thomas (Member of the Institution of Civil Engineers) in 1875. We welcome this community-led initiative and look forward to receiving the petition, together with full details of their proposal.

All the other potential options have already been assessed against a range of technical, economic and environmental criteria. These include:

- navigational safety issues
- the costs of building and operating the scheme
- the effectiveness in protecting the town from the risks of tidal, groundwater, river, and surface water flooding
- potential challenges in constructing and operating the flood defences
- impact on both the marine and terrestrial environments, landscape and seascape and carbon emissions
- impact on heritage and amenities
- · economic benefits

The project team are now looking to work with the community group to consider this new hybrid proposal using the same criteria as the other options.

Once this work has been carried out, the results of the investigation will be shared with the wider community, together with details of the analysis from the previous consultation events.

We are hoping that the work on assessing the new proposal can be completed out as quickly as possible to enable people to select their preferred option having seen the same technical, economic and environmental information provided for all the options.

The feedback from this process will be used by the project team to finalise the Outline Business Case which is due to be submitted to the Government later this year.

This is a very important moment, both for the Looe Flood Defence and Regeneration scheme and for the long-term future of Looe. The support of local residents and businesses is vital to the success of the scheme.

We recognise that there are no easy choices and would encourage everyone to look at all the information which is being provided so we can ensure that decisions on the final scheme reflect the aspirations and needs of the community.



Pelynt Sunset by Leo Maxwell



LOOE ROYAL BRITISH LEGION



Armed Forces Day: previously called Veterans' Day, this a national event held annually on the last Saturday in June. It is a chance for the country to show support for the men and women who make up the Armed Forces community: from serving troops to Service families, veterans and cadets.

There are many ways for people, communities and organisations across the country to show their support and get involved. Our branch ensured that the Armed Forces Day flag was flown at the Looe War Memorial over the weekend. We were also present at the Guildhall Rose Garden with a stall and, true to our unofficial motto that 'a poppy isn't just for November', we were collecting for the Poppy Appeal.



Our thanks go to our members who assisted on the day and the public for their generous donations, including the American who donated 2 dollars. In total, £324 was collected for the Appeal (which included a generous currency conversion for the two dollars). At our July monthly branch meeting our members voted to transfer £476 from our branch funds to the Poppy Appeal. This makes a total donation of £800.

Our branch funds are obtained from raffles held at our monthly meetings.

Branch Meetings: We hold our meetings on the first Monday of the month, come rain, snow or New Year's Day. They starting at 7:30pm sharp in the ground floor bar of the Looe Social Club, West Looe Quay. You don't have to be a member of the Social Club to attend one of our meetings, so why not come along, say hello and see what we do?

VJ Day: We will be back collecting for the Poppy Appeal at the Rose Garden on 12th August which is the nearest Saturday to VJ Day. Whilst VE Day marked the end of the war in Europe in May 1945, many thousands of Armed Forces personnel were still involved in bitter fighting in the Far East. Victory over Japan would come at a heavy price. Victory over Japan Day (VJ Day) marks the day Japan surrendered on the 15 August 1945, which effectively ended the Second World War.

The Poppy Appeal: has been supporting serving and ex- serving men and women, and their families since 1921. The support goes to six key areas: financial support, advice, employment, mobility, housing and mental health.

You may wonder why the appeal is still relevant if WWII ended in 1945, but since then the British Armed Forces have been involved over 30 conflicts.

To mention a few (and British fatalities): Korean (1,078), Cyprus (371), Iraq (179), Afghanistan (475) and Northern Ireland (1,441). These numbers do not include missing, wounded or injured personnel. Even without active service, the armed forces are still an inherently dangerous profession. Between January 2000 and

August 2022 the UK Armed Forces had 155 deaths whilst on training or exercises: RN (27), Army (104), RAF (24). Wear your Poppy with pride to remember those that served or serve our country.

Looe Raft Race: On a lighter note, we would like to congratulate our members who took part in the Looe Raft Race on a Parachute Regiment themed raft and won the 'Fun Run' prize. Admittedly, they were the only entrants in that category, but we put their win down to strategic planning (or good luck). The photograph shows the crew with their trophy.



Fleet Air Arm Museum: A trip has been arranged by one of our members to F.A.A. Museum, Yeovilton, for Wednesday

23rd August. With four exhibition halls and over 90 aircraft, some over a century old, the Museum is Europe's largest naval aviation museum. The aircraft on display include a Harrier vertical take-off jetfighter, Britain's prototype Concorde plus many others. At the time of writing there are still 2 places left on the trip - please contact us on the email address below.

Helplines: If you, or your family, need help or advice from the 'Legion' then please call the Royal British Legion's free helpline on **0808 802 8080**. Lines are open 8am to 8pm, seven days a week. Another alternative is the Veterans' Gateway which is a consortium of forces charities, including the RBL, with telephone access 24 hours a day on **0808 802 121**.

David Welch - Looe RBL Membership Secretary email: rbl.looe@gmail.com

LOOE GOLF CLUB - LADIES CLUB CHAMPIONSHIP

In dry golfing conditions 24 competitors took part in the Ladies Club Championship played over 27 holes. There were numerous good scores returned. Well done all those who took part. The results were as follows:



- ► Scratch Champion Penny Drake for the 9th time.
- ► Handicap Champion Jaqui Vincenti
- ▶ 2nd Handicap Leeann Relf on countback
- ► 3rd Handicap Mo Inglis
- ► Best 18 holes Pat Hodge
- ► Best 9 holes Jane Tate on countback



LOOE NEW YEAR'S EVE FIREWORKS

We are now well on our way to staging the 2023 event thanks to the donations from individuals and local businesses, but we are still needing further donations so if you've not already donated, we would really appreciate your support. The total cost of both the children's display (at 6.30pm) and the midnight display are £6,000 - we are over half way there.

We are launching the second phase of the Go Fund Me appeal to raise funds for cover the balance of the 2023 event as well as put monies aside to help secure the event in the future (including the deposit for the 2024 event). Therefore, we would like to raise a further £8,000.



Asides from the physical cost of the fireworks, all other aspects of the organisation of the NYE displays are run on a voluntary basis.

Once again, thank you to EVERYONE who has pledged their support so far and here's to making the event a huge success for Looe by any amount you feel able to give.

If you are able to donate, please see our gofundme page

https://gofund.me/cd524d39



Tracey Pickard



MENHENIOT LOOE CRICKET CLUB

After the disappointment of losing the first 4 weeks of the 2023 cricket season due to the bad weather I am pleased to report that our fortunes have changed. Here is a brief update.

1st XI: It has not been a great start to the season as we approach the halfway stage of this year's campaign which saw the team lose 4 games to the weather and since then we have had 5 straight defeats. With the exception of the heavy defeat to Callington 2s the other games have been evenly contested and with a little more luck on our side we may have come out victorious in those games, but it was not to be.

Some notable performances in the 75-run defeat to St Blazey came from bowlers Stuart Nye 3-35, Peter Doyle 2-21 and Dylan Rundle scoring 54 with bat.

Mike Maiden 40 and Stuart Adams 28 no starred with the bat and Stuart Nye 2-23 and Robert Cowley 2-36 contributed with the ball in the 4-wicket defeat to Werrington 2nd XI.

Our defeat at home to Wadebridge 2nd XI saw us set a target of 227 with contributions from Steve Kidd 53 and Ross Ripley 33 with the bat while Stuart Nye 4-31 and Hugh Rogers 2-29 accounted for the opposition's wickets in them chasing down the total.

In the away game against South Petherwin on a very friendly batting track and fast outfield we were set 294 to win. In response, we made a great effort in chasing down the target by reaching 271 all out with credible batting performances from Kyran Watts 60, Robert Cowley 39no, Luke Ripley 36 and Sam Jordan 32 on his debut at the age of 14.

2nd XI - The 2nd XI have had better fortunes but only slightly as they managed to beat Grampound Road 3rd XI by 4 wkts, but in the meantime they lost very close encounters against St Stephen, St Blazey 2nd XI, Buckland Monachorum and Lanhydrock 2nd XI.

Their next fixture saw a very close game where St Blazey 2nd XI ran out winners by 1 wkt with Mark Rundle 48 showing the way with the bat and Martin Jordan leading the way with ball returning figures of 3-37.

The 2nd XI's only victory to date came in the home fixture vs Grampound Road 3rd XI where they bowled the opposition out for 147 with Mark Rundle returning excellent figures of 5-8 in only 14 balls. In chasing down this target Phil Shepley chipped in with 45, Justin Kidd 36 and Sam Jordan 32 which saw the team home with 4 wickets to spare.

Having bowled out Lanhydrock 2nd XI for 172 thanks to Kieran Underhill taking 4-54, the team strongly believed the target was achievable. So the response was led by a couple of thirties from Marc Wright 38 and David Dickens 33 followed by a couple of twenty scores from Bob Fleming 24 and Mark Rundle 20 which brought the target even closer, but alas, the team fell short by just 9 runs which was most disappointing, but an excellent effort all the same.

3rd XI: With the poor weather conditions and lack of availability the 3rd XI have only managed to complete 2 fixtures so far, losing to Luckett 2nd XI by 30 runs and Lanhydrock 3rd XI by 4 wkts. The 3rd XI gives us the opportunity to play a mixture of senior and junior cricketers which have seen some notable performances from

all the players who continue to enjoy their cricket, play with a smile on their faces and have fun along the way.

During the Luckett game Nathan Aird starred with the ball taking 4-17 while there were notable contributions from the remainder of the team in a low scoring contest. Batting first against Lanhydrock 3rd XI saw the team bowled out for 119 with contributions from Michael Conbeer and Steve Fergus both scoring 25 respectfully and Leo Harbour making 26 batting at No 10 on his club debut. The score was chased down by the opposition with the loss of 6 wkts with Joe Bell and Charlie Corbishley taking 2 wickets each.

All Stars/Dynamos - The programme is well under way and both groups have well-established groups with the All Stars (5-8 yrs. old) having 17 participants and the Dynamos (8-11 yrs. old) having 12 participants. It is always a pleasure to see the enthusiasm that these young girls and boys put into their cricket, well supported by their families and all under the watchful eye of our excellent coaching team.

So our cricket club is thriving, but sadly it is not going so well for the Saturday sides. For a small village cricket club it is all about taking part, enjoying ourselves and hopefully picking up victories along the way.

Stuart Nye Chairman

LOOE VALLEY SINGERS

We are a happy band of singers with a varied repertoire, ranging from Motown to Mozart! Practice takes place on Tuesday mornings at 10.30 in Pelynt Village Hall.



Several new members have joined us recently, after chatting to us at our stand in the Millpool Centre on Societies Day. New singers are always warmly welcomed.

Apart from entertaining patients at Liskeard Hospital and the residents at Hillcrest, we were invited to sing with Pelynt Choir at St Martins to raise funds for the Turkish/Syrian earthquake appeal.

Several members recently enjoyed an overnight stay before attending the Bristol Choir Convention.

Our next Concert will be for the RNLI on Looe Seafront on Sunday 13th August.

Last month, were all affected immensely by the sad loss of our amazing Chairman Jill Thompson. She was best described by our new Chairman as "Our chair, our leader, our inspiration and sanity check, our steer, our rock and our always smiling always positive go to".

We all miss her so much and were so privileged to share in the celebration of her life with her wonderful family.

MOOR TO SEA PROJECT



The Moor to Sea project is entering its last official six months and is picking up pace. This very week (beginning 17th July) we are working with both secondary schools in Looe and Liskeard during learners week to involve them in our already successful oral history project (the recent past is part of our history too, and the hopes and aspirations of young

people are key to the future) and will be visiting the Hodges No2 limekiln at Moorswater, taking the train to Looe and visiting the beach for activities, visiting a variety of Cornish heritage in the valley and on the moors and learning about how places got their names from a local historian.

We are still looking for people who may be interested in taking part in the oral history



project: sharing their recollections and thoughts whatever your age. There are also opportunities to become a volunteer oral history interviewer and if you have any objects, documents or photographs that can be shared they would be more than welcome. All volunteers with Moor to Sea will have expenses paid and if you are concerned about anything then please get in contact with me.

We are still also looking for

volunteer guides for the Moorswater trail and there is a full pack of information available to support learning. Over the next few months we want to work with the community to develop some interpretation on the trail; but first we are commissioning a structural survey of the Hodges No2 limekiln (I know is Liskeard but it's still relevant at the other end of the valley!).



This links to are longer term aspiration to extend the project (more news on this to come) with a focus on footpaths and connectivity. We have been working with Looe Town Council and other local councils in the wider area to understand some of the issues and opportunities facing footpaths in the area, with an aspiration to link a strategic route (the 'Smugglers Way).

Eagle-eyed readers may have noticed the new 'Tamara' coast to coast walk along the route of the Tamer border in the press in the last few days. Smugglers is another one of these historic routes and we want to see if we can get funding to support the infrastructure and marketing for at least part of this to Minions.

So, we are aiming for more time for Moor to Sea beyond the end of the year and this will also mean more environmental and heritage events for you to enjoy. We will be planning for these from October onward and there will also be another 'Carols on the Train' which was so successful last year.

In the meantime we are planning our travelling exhibition to celebrate the work and contribution made by the people of the valley to the project over the last 18 months.

Dates for your diary include its launch at the Liskerrett Centre in Liskeard on September 9th and we will move onto Duloe Jubilee Centre on the 11th, Trewidland Village Hall on the 14th, Stuart House (Liskeard) on the 18th and 19th and concluding at the Millpool Centre in Looe on the 22nd and 23rd of September.

These events will showcase the creative outputs of those who have taken part in Moor to Sea events, but also is an opportunity for you to share any objects or photographs with us that reflect the history, environment and heritage of the valley. If you are interested in doing this or evening volunteering to help with any of these days we would love to hear from you.

One event that we do have coming up is another one of our popular poetry nights at St.Nicholas' Church in West Looe on July 25th between 7.30 and 9pm. This is a night of spoken word from local voices so you are welcome to bring something to share or just come along and listen to poetry inspired by the valley. Please note this is another free event.

https://moortosea.org.uk/ email: Stevehorscroft@outlook.com

LOOE SAILING CLUB

Club members have been enjoying regular twice weekly sailing, although on many occasions a little more wind would have been appreciated.

The lovely weather in June was good for everything expect sailing. Numbers of boats on the water have increased as spring has moved into summer.

It was a lovely sight on a recent Saturday to see seven of the eight Redwings on the start line, including the refurbished R253 with a resplendent red hull. It was first time out, first win for the boat with its owner Paul Hobson and crew David Jackman.

Junior sail training has progressed well on Saturday mornings and is fully subscribed with a very keen group of youngsters under tuition of club members.

Plans are well advanced for the championship season with the club hosting the GP14 Nationals in early August. This will be followed at the start of September by the Redwing fleets departure to France for their National Championships at Plerin Sur Mer in Brittany.



Members were all very sad to hear of the recent death of long-term honorary member Clifford Adams who built most of the Redwing dinghies over many years and in fact completed his final one only about four years ago.

His memory was honoured in a special evening in the clubhouse following his funeral. He will be very much missed for all the help given to Redwing sailors over the years.

Club members have been pleased to supply safety cover and the start boat for the annual Raft Race and organising the bar for the Looe Lugger Regatta, making a welcome return this year after a four year break.

Tracy Mustoe HCPC Registered Podiatrist









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Tel 07522577012 07561 608296

muststeppodiatry@outlook.com

for an appointment

Millpool Centre Timetable

Mon	7.45am- 9am 10.30am- 11.30 5pm- 6.15pm 3pm, 4.30pm, 6pm 7.30pm - 9pm	Yoga with Gocha: www.gochawellness.com Paracise: New exercise class with Lisa Gorman 1st floor Yoga with Maria - contact - 07980 533 050 1st floor Slimming World contact Rachel: 07463 929 696 Looe Karate Club –Contact Dave - 07889 310 908 1st floor			
Tues	8.30am & 9.45am 11am - 12pm 2pm - 3.30pm 6.pm - 6.45pm 7pm - 7.45pm	Pilates with Kerry - 07588 220 007 1st floor 50 Plus Dancercise with Sheila's School of Dance 07866771429 Gentle Exercise Class with Looe Exercise Club - 01503 265947 1st floor Power Hooping: Bond Fitness 07779 059 868 1st floor Pure Stretch: Bond Fitness 07779 059 868 1st floor			
Weds	7.45am—9am 6pm - 7pm 7pm - 8pm 10am - 3pm	Yoga with Gocha 07539 178 840 1st floor Adult contemporary dance with Gocha wellness 1st floor Pilates: Gocha Wellness 1st floor Lloyds Bank - Online and advice service only (no cash)			
Thurs	11am - 12pm 4pm - 8.30pm 7pm - 9pm	Sheila's School of Dance Adult Dancercise - 07866 771 429 1st floor Ballet & Tap classes, contemporary & street Child & Adult with Dance with Jodie 1st floor : call Jodie on 07584 428 163 1st floor (TERM TIME ONLY) Ukulele Club (Ground Floor) contact Roger Lane: 01503 262775(starts end July 2021) ground floor			
Fri	4.30pm - 7.30pm 6pm - 7.15pm 7.30pm - 9pm	Looe Youth Theatre - 07920 282 818 (Fiona) ground floor (Term time only) Multi-Fit Exercise Class (Hooping, Body Conditioning, Pure Stretch) Bond Fitness with Denise Bond 07779 059 868 1st floor Looe Karate club 01503 264767 (Dave) 1st floor			
Sat Sun					
Sa	Sat & Sun Centre Available For Private Hire - 01503 265947				

The Millpool Centre, West Looe. PL13 2AF: manager@millpoolcentre.org

Cornwall Cricket





A fundraising appeal for Cornwall's first Disability Cricket Team has been extended this week following a donation of a signed Cricket Shirt from Worcester player Jake Libby.

The shirt is signed by Jake Libby, Azher Ali, Ben Cox, Brett D'Oliviera, Jack Haynes, Kashif Ali, Joe Leach, Josh Baker, Adam hose, Ed Pollock and Dillon Pennington. Tickets to the prize draw for a chance to win the shirt are part of the rewards being offered by Cornwall Cricket Board as part of their Crowdfunder campaign.

The Crowdfunder launched at the end of May in a bid to raise funds to create a Disability Cricket Team for Cornwall and has since been extended to allow more people to donate to the cause.

Cornwall Cricket Board is aiming to provide those that already take part in Disability Cricket with the opportunity to be able to grow their skills further by joining the Super 9's County Representative Team and competing across the South West.

To make this possible they need to raise in excess of £10,000 to cover the costs including cricket protection for all abilities and disabilities as well as travel expenses and venue hire. Managing Director Joe Skinner said: "It is an exciting and important time for Cornwall Cricket with developing our disability cricket structure. We have had great success with engaging players over the last couple of years. Now, we have talented players who want to develop and play against other counties. Our ambition is to play in the ECB competitions and make cricket a game for all. To do this we need to raise considerable funds. Facilities and coaching is expensive and help is needed to make this objective possible. All help is gratefully appreciated, and we are thankful to Jake Libby and the Worcester players in providing us with a shirt to raffle. "

To purchase your ticket or donate to the Crowdfunder and help make the dream a reality visit www.crowdfunder.co.uk/p/cornwallsuper9s.

Cornwall Cricket Board provides adults and children aged 5 years and upwards with the opportunity to take part in the sport across the county. It is also the official governing body for all cricket in Cornwall and is responsible and accountable to the England and Wales Cricket Board (ECB), the National Governing Body, for the strategic management, development and conduct of the sport.

For further information on Disability Cricket in Cornwall email David Painter ddo@cornwallcricket.co.uk or for fundraising email tamsin@cornwallcricket.co.uk.

COUNTDOWN TO SUMMER BALL SUPPORTING CRICKET IN CORNWALL.

A fundraising ball by Cornwall Cricket Board which takes place at the Penventon Hotel in Redruth on August 25th, is part of a new fundraising strategy which will help support the growth of Cricket

in Cornwall. The evening will consist of a three course meal, magician, auction and dancing with all profits going to the Board for Cricket in Cornwall.

Cornwall Cricket Board is a not-for-profit and provides adults and children aged 5 years and upwards with the opportunity to take part in the sport across the county. It is also the official governing body for all cricket in Cornwall.

As well as working with its own teams, such as pathway cricket which see's young people compete across the south west and work towards joining professional teams, and disability cricket who are hoping to have their first ever county team soon, Cornwall Cricket Board also offer training for coaches, umpires etc and provide support to cricket clubs across the county. Auction and raffle prizes are also needed for the event. Tickets are available for £55 each or £500 for a table of 10 by emailing tamsin@cornwallcricket.co.uk.

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Desktop Publishing: Leo Maxwell

Advertising costs: Currently under review

Next deadline: October/November edition: 20th September

2023

Published by: Looe Development Trust

Usually printed by: Launceston Print Ltd. Currently online only.

Community News tries to be as accurate as possible in the information received from organisations. However, it is always advisable to contact the organiser(s) directly if confirmation and further details are required.



"I'm here for the Furry dance"

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