We hope shortly to be able to extend this feasibility study to investigate route options between Liskeard, Looe and Lanhydrock. Cornwall Council and Looe Town Council have already committed funding to this, and we are seeking additional contributions to get the study underway. This route would be suitable for the more experienced cyclist, providing wider connections between the East Looe Valley Trail, new Coast to Coast opportunities and the cycling facilities at Lanhydrock, Cardinham and the Camel Trail at Bodmin.

Key Issues and Opportunities

- Gentle gradients on the valley bottom between West Looe and Herodsfoot.
- Challenging section between Sowdens Bridge and Muchlarnick.
- Options in Glynn Valley to Dobwalls and Liskeard, or lanes via Couchs Mill, or lanes via Braddock and West Taphouse.
- More challenging route for the experienced cyclists.
- Link to Bodmin Cycle Hub at Lanhydrock and National Cycle Network.
- Link to Camel Trail via Bodmin.
- Potential for a coast to coast route from Looe to Padstow.

Kilminorth Woods and County Wildlife Site and Local Nature Reserve. There are some environmental sensitivities but use of the existing bridleway should be acceptable.